



October 2026 Newsletter

Senior Assisted Living Community

**David R. S.**

is our Assisted Living Resident of the Month

David was born on April 4, 1970 in Gardena, CA to Ginny and Rodney R. David is the fourth child of six siblings. David met his wife Veronica through a friend, and they were married for nine years. They had two children together, Ulai and Christopher. They do not currently have any grandchildren. He went to Perri Junior High School. David worked in a warehouse for a long time, and then became a server at Panda Express. He has had a lot of cats over the years. He also enjoys reading the bible, and carries a strong belief in Christianity, His favorite verse is Jeremiah 29:11 "'For I know the plans I have for you' declares the Lord. 'plans to prosper you and not to harm you, plans to give you hope and a future.'" Congratulations David, on being named our October Assisted Living Resident of the Month!

Jacqueline "Jackie" B.

is our Arbor Hall Resident of the Month

Jacqueline "Jackie" B. was born on May 11, 1947, to Dorothy Mae D. and George Westinghouse B., III in Los Angeles, California. Jackie has six siblings and is the eldest daughter. She attended Mother of Sorrows Catholic School in Los Angeles and graduated from Regina Caeli High School in Compton. After high school, she attended Trade Tech in Los Angeles, taking classes in speech and sewing. Jackie also attended night school, where she took architectural drafting classes. Later, she worked for Goodwill for two years. Jackie's favorite food is tacos, she enjoys playing bingo, and she loves listening to her favorite radio station, 94.7, The Wave. Her favorite color is blue. Congratulations, Jackie, on being named our Arbor Hall Resident of the Month





October Birthday Party

Friday, October 30 at 1:00 p.m.

All residents whose birthday is in October are invited to join us in the Hobby Room to celebrate their natal day. We'll have cake and ice cream for you to enjoy.

AL Birthdays

Elijah B.	10/01
Emma S.	10/04
David S.	10/06
Barbie R.	10/10
Victoria M.	10/20
Wanda W.	10/21
George G.	10/22
Rafaela P.	10/24

Arbor Hall Birthdays

Susan W.	10/07
Christopher C.	10/14
Sonny G.	10/27
Jerry L.	10/31

Staff Birthdays

Joel A.	10/07
Elmer S.	10/11
Alberyl Ann C.	10/09
Jesus H.	10/15
Sean S.	10/21
Maria P.	10/23
Kim James Q.	10/28
Sholom G.	10/27
Michael R.	10/31

MAIN EVENTS FOR OCTOBER 2026

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, October 8 - 1:00 p.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jhun know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Important
INFO

Our
News

Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room, and Saturdays at 1:00 p.m.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday and Thursday of the month at 2:00 p.m.

Bingo

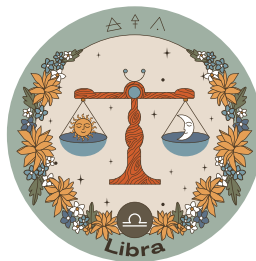
Every Monday, Wednesday, and Friday

Medical Runs

Every Monday to Thursday of the month.

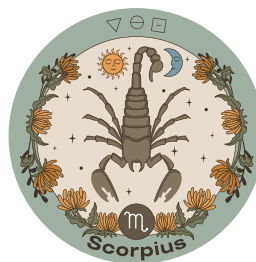


October HOROSCOPE Signs



Libra- September 23 to October 22

This air sign is fixated on the symmetry of harmony and balance, striving to create equilibrium in all areas of life. Ruled by Venus and governed by love, beauty and money, Libras love high art, intellectual pursuits, and creating an environment around themselves that reflects their exquisite tastes. Because Libra considers multiple perspectives in all pursuits, they often struggle with indecision. The circumspect Libra often needs to learn to better trust their own intuition.



Scorpio- October 23 to November 21

Elusive and mysterious, Scorpio is one of the most misunderstood signs of the zodiac. Scorpio is a water sign that uses emotional energy as fuel, cultivating powerful wisdom through both the physical and unseen realms. In fact, Scorpio derives its extraordinary courage from its psychic abilities, which is what makes this sign one of the most complicated, dynamic signs of the zodiac.



New Residents

George D.

Month of October Birthstone: Opal and Tourmaline Flowers: Marigold, Cosmos Pink, Cerulean Blue, White October People are: Romantic, Charming, Calm, Positive, Kind-Hearted	October Days to Note... 01 Int'l Coffee Day 04 Nat'l Taco Day 05 World Teacher Day 06 Nat'l Mad Hatter Day 07 Nat'l Flower Day 09 Curious Events Day 12 World Arthritis Day 13 Nat'l Train Your Brain Day 14 Indigenous People Day 15 Nat'l I Love Lucy Day 16 Nat'l Boss's Day 17 Nat'l Pasta Day 18 Nat'l Chocolate Cupcake Day 19 Nat'l New Friends Day 21 Celebration of the Mind Day 22 Nat'l Color Day 22 Clean up the Earth Day 26 Nat'l Pumpkin Day 27 Nat'l Black Cat Day 28 Nat'l Chocolate Day 30 Pumpkin Bread Day 31 Nat'l Magic Day	"Every day is Halloween, isn't it? For some of us." ~ Tim Burton 	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Haircuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day	9:30 10:00 10:30 12:00 12:30 2:00 3:00</
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Columbus Day Word Search

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