Carson 2024
March Menu

Menu subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Easter Sunday BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix DINNER White Bean Soup Egg Salad Sandwich Green Salad, Yellow Cake	**The Month of March is...** National Peanut Month National Nutrition Month Caffeine Awareness Month National Noodle Month Women's History Month Irish-American Heritage Month National Umbrella Month Kidney Cancer Awareness Month National Craft Month Berries and Cherries Month National Kidney Mont Red Cross Month Mad for Plaid Month National Color Therapy Month National Crochet Month National Optimism Month National Women Inventors Month Spiritual Wellness Month		**Menu Alternatives** The following are alternative meals for Lunch or Dinner. 1. Ham or Turkey Sandwich 2. Fruit Salad w/Cottage Cheese 3. Cold Veggie Plate w/Dressing 4. Cheese Omelet w/Toast 5. Grilled Cheese Sandwich 6. Peanut Butter & Jelly Sandwich	Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time. **Beverages** ***Breakfast*** Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water ***Lunch & Dinner*** Coffee - Hot Tea Water - Ice Tea	**1** BREAKFAST Orange Juice, Pancakes Malt-O-Meal, Pancakes, Syrup LUNCH Ground Beef & Rice, Tacos, Lettuce Tomatoes, Red Salsa, Egg Custard DINNER Fish, Red Potatoes Green Beans Pudding	**2** BREAKFAST Apple Juice, Toast Cheese Omelet, Hash Browns LUNCH Grilled Cheese Sandwich Potato Chips, Ice Cream DINNER Crab Salad Mashed Potatoes, Mixed Vegetables, Jello
3 BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix DINNER White Bean Soup Egg Salad Sandwich Green Salad, Yellow Cake	**4** BREAKFAST Orange Juice, Fried Egg Malt-O-Meal Hash Browned Potatoes LUNCH Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER Roast Turkey, Mashed Potatoes Mixed Vegetables Chocolate Cake	**5** BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH BBQ Pork Patties, Mashed Potatoes Mixed Vegetables, Ice Cream DINNER Spaghetti w/Meat Sauce Green Beans, Garlic Bread Cookies	**6** BREAKFAST Pineapple Juice, Farina Country Scramble, English Muffin LUNCH Roast Beef Sandwich Three Bean Salad, Jello DINNER Sloppy Joe on a Bun Potatoes, Vegetables Peach Cobbler	**7** BREAKFAST Apple Juice, French Toast Syrup, Cream of Rice LUNCH Fruit Salad w/Cottage Cheese Dinner Roll Chocolate Chip Cookies DINNER Turkey Tetrazzini Mixed Vegetables, Corn Bread Pudding	**8** BREAKFAST Apple Juice, French Toast Syrup, Cream of Rice LUNCH Chicken Fajitas, Steamed Rice Cut Corn, Red Salsa, Fruit Mix DINNER Cheese Manicotti Garlic Bread, Vegetables Jello	**9** BREAKFAST Apple Juice Cream of Rice French Toast, Syrup LUNCH Turkey Salad Cold Plate Dinner Roll, Peach Cobbler DINNER Grilled Chicken Mashed Potatoes, Green Peas Orange Cake
10 Daylight Saving Time begins BREAKFAST Pineapple Juice Oatmeal, Maple Bacon Oven Pancake Sausage Links LUNCH Chicken Sandwich, Lettuce & Tomatoes, Cut Corn, Cookies DINNER Tomato Rice Soup Egg Salad Sandwich, Green Salad Sliced Peaches	**11** BREAKFAST Orange Juice, Fried Egg Malt-O-Meal Hash Browned Potatoes LUNCH Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER Roast Turkey, Mashed Potatoes Mixed Vegetables Chocolate Cake	**12** BREAKFAST Cranberry Juice, Bacon, Malt-O-Meal Pancakes, Syrup LUNCH Meat Lasagna, Green Beans Garlic Bread, Fruit Mix DINNER Cheese Enchilada, Steamed Rice Cut Corn, Cherry Tart	**13** BREAKFAST Grape Juice, Farina Breakfast Frittata, Toast, Orange Slice LUNCH Tuna Sandwich, Green Salad Ranch Dressing, Pudding DINNER Sloppy Joe on a Hamburger Bun Macaroni Salad Chocolate Chip Cookies	**14** BREAKFAST Apple Juice, Syrup French Toast, Cream of Rice LUNCH Grilled Cheese Sandwich Potato Chips, Dessert Fruit Mix DINNER BBQ Chicken Mashed Potatoes, Vegetables Ice Cream	**15** BREAKFAST Apple Juice, Cream of Rice, French Toast, Syrup ST. PATRICK'S DAY LUNCH Corned Beef w/Cabbage, Boiled Potatoes, Broccoli Spears, Dinner Roll Mint Ice Cream DINNER Baked Fish, Steamed Rice Green Peas, Chocolate Cake	**16** BREAKFAST Apple Juice, Oatmeal Scrambled Eggs, Toast LUNCH Grilled Ham & Cheese Sandwich Coleslaw Salad, Jello DINNER Sweet Sour Chicken Steamed Rice, Cut Corn Ice Cream
17 St. Patrick's Day BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Mostaccioli Pasta, Garlic Bread Vegetables, Dessert Cookies DINNER White Bean Soup Egg Salad Sandwich Green Salad, Yellow Cake	**18** BREAKFAST Orange Juice, Fried Egg Malt-O-Meal Hash Browned Potatoes LUNCH Hot Dog Potato Chips, Fruit Mix DINNER Beef Macaroni Green Beans, Garlic Bread Peach Cobbler	**19** Spring begins BREAKFAST Blended Juice, Toast Malt-O-Meal Fried Egg Hash Browned Potatoes LUNCH Grilled Cheese Sandwich Macaroni Salad, Jello Dinner Grilled Chicken Mashed Potatoes, Green Peas Chocolate Pudding	**20** BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH Fruit Salad w/Cottage Cheese Dinner Roll, Pudding DINNER Sloppy Joe on a Bun Macaroni Salad Chocolate Chip Cookies	**21** BREAKFAST Pineapple Juice, Farina Country Scramble, English Muffin LUNCH Cheese Quesadilla Refried Beans, Cut Corn, Fresh Fruit DINNER BBQ Chicken Vegetables, Mashed Potatoes Ice Cream	**22** BREAKFAST Orange Juice, Pancakes Malt-O-Meal, Pancakes, Syrup FISH Fish Tacos, Steamed Rice Coleslaw Salad, Apple Crisp DINNER Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Pudding	**23** Purim begins BREAKFAST Apple Juice, Toast Cheese Omelet, Hash Browns LUNCH Grilled Cheese Sandwich Potato Chips, Ice Cream DINNER Crab Salad Mashed Potatoes Mixed Vegetables Jello
24 Palm Sunday BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix DINNER White Bean Soup, Green Salad Egg Salad Sandwich Yellow Cake	**25** BREAKFAST Orange Juice, Fried Egg Malt-O-Meal Hash Browned Potatoes LUNCH Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER Roast Turkey, Mashed Potatoes Mixed Vegetables Chocolate Cake	**26** BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH BBQ Pork Patties, Mashed Potatoes Mixed Vegetables, Ice Cream DINNER Spaghetti w/Meat Sauce Green Beans, Garlic Bread Cookies	**27** BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH Fruit Salad w/Cottage Cheese Dinner Roll, Pudding DINNER Salisbury Steak Mashed Potatoes, Vegetables Cherry Tart	**28** BREAKFAST Pineapple Juice, Farina Country Scramble, English Muffin LUNCH Cheese Quesadilla Refried Beans, Cut Corn, Fresh Fruit DINNER BBQ Chicken Vegetables, Mashed Potatoes Chocolate Cake	**29** Good Friday BREAKFAST Orange Juice, Pancakes Malt-O-Meal, Pancakes, Syrup LUNCH Ground Beef & Rice, Tacos, Lettuce Tomatoes, Red Salsa, Egg Custard DINNER Fish, Red Potatoes Green Beans Pudding	**30** BREAKFAST Apple Juice, Toast Cheese Omelet, Hash Browns LUNCH Grilled Cheese Sandwich Potato Chips, Ice Cream DINNER Crab Salad Mashed Potatoes, Mixed Vegetables, Jello