

CARSON 2026
July Menu

Menu subject
to change
Lic#: 198204950

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MENU ALTERNATIVES The following are alternative meals for Lunch or Dinner. 1. Ham or Turkey Sandwich 2. Fruit Salad w/Cottage Cheese 3. Cold Veggie Plate w/Dressing 4. Cheese Omelet w/Toast 5. Grilled Cheese Sandwich 6. Peanut Butter & Jelly Sandwich	THE MONTH OF JULY IS... Air Conditioning Appreciation Month Family Golf Month July Belongs to Berries Month Make a Difference to Children Month Nat'l Baked Bean Month Nat'l Black Family Month Nat'l Blueberry Month Nat'l Culinary Arts Month Nat'l Dry Eye Awareness Month Nat'l Family Reunion Month Nat'l Grilling Month Nat'l Hot Dog Month Nat'l Ice Cream Month Nat'l Park & Recreation Month Nat'l Peach Month Nat'l Picnic Month Nat'l Raspberry Month Nat'l Watermelon Month Wheelchair Beautification Month Social Wellness Month UV Safety Month World Watercolor Month		1 <u>BREAKFAST</u> Hot & Cold Cereal Banana Pancake Pork Sausage, Fruit <u>LUNCH</u> Chicken Pineapple Rice Caliblend, Ice Cream <u>DINNER</u> Grilled Bologna Sandwich w/Lettuce, Cheese, Tomato Potato Salad Banana Pudding	2 <u>BREAKFAST</u> Hot & Cold Cereal Pork Savage Patty Scrambled Eggs, Toast, Diced Pears <u>LUNCH</u> Teriyaki Meat Balls, Rice Broccoli, Fruit Cocktail <u>DINNER</u> Beef Ravioli w/Cheese Dinner Roll, Mixed Vegetables Chocolate Cookies	3 <u>BREAKFAST</u> Hot & Cold Cereal Waffles w/Strawberries, Bacon Mixed Fruit <u>LUNCH</u> Chili Dog or Cheeseburger Buttered Corn, Potato Salad Ice Cream <u>DINNER</u> Beef Casserole, Roll Garden Salad, Asian Dressing Apple Crisp	4 <u>BREAKFAST</u> Hot & Cold Cereal, Cheese Omelet Hash Browns, Toast, Sliced Oranges <u>LUNCH</u> Egg Fried Rice, Chicken Egg Roll w/Sweet & Sour Sauce Chocolate Cake <u>DINNER</u> Spaghetti w/Meat Sauce Garlic Bread, Green Salad, Thousand Island Dressing, Cookies
5 <u>BREAKFAST</u> Hot & Cold Cereal Pancakes, Bacon, Diced Pears <u>LUNCH</u> Grilled Cheese Sandwich Green Salad w/Ranch Dressing Macaroni Salad, Jello <u>DINNER</u> Chicken Enchiladas w/Lettuce, Green Sauce Rice, Yellow Cake	6 <u>BREAKFAST</u> Hot & Cold Cereal Spinach Scrambled Eggs Toast, Hash Browns, Sausage Sliced Oranges <u>LUNCH</u> Cheeseburger w/Lettuce, Tomato Baked Beans, Vanilla Pudding <u>DINNER</u> Chicken w/Coconut Sauce Mashed Potatoes, Spinach Orange Cake	7 <u>BREAKFAST</u> Hot & Cold Cereal, Bacon, Peaches Waffle w/Sliced Strawberries <u>LUNCH</u> Pork Stew Over Rice Cali Blend Ice Cream <u>DINNER</u> Sloppy Joe on a Bun Macaroni Salad Egg Custard	8 <u>BREAKFAST</u> Hot & Cold Cereal Blueberry Pancakes Sausage Link, Banana <u>LUNCH</u> Beef Picadillo Rice Cauliflower, White Cake <u>DINNER</u> Egg Salad Sandwich Chicken Caesar Salad, Jello	9 <u>BREAKFAST</u> Hot & Cold Cereal Seasoned Diced Potato, Bacon Diced Honeydew Melon <u>LUNCH</u> Chicken Adobo Rice, Mixed Vegetables Egg Custard <u>DINNER</u> Turkey Tetrazzini, Dinner Roll Garden Salad w/Caesar Dressing Muffin	10 <u>BREAKFAST</u> Hot & Cold Cereal Biscuit & Gravy Bacon, Sausage, Sliced Peaches <u>LUNCH</u> Beef Tacos w/Corn Shell Rice, Lettuce Baked Beans, Ice Cream <u>DINNER</u> Penne Pasta w/ Meat Balls Mushroom Sauce, Cookies	11 <u>BREAKFAST</u> Hot & Cold Cereal Toast, Fried Egg, Hash Browns Bacon, Diced Peaches <u>LUNCH</u> Salisbury Steak, Mashed Potatoes Mixed Vegetables, Jello <u>DINNER</u> Chicken Enchiladas w/Green Sauce Lettuce, Rice, Corn Cookies
12 <u>BREAKFAST</u> Hot & Cold Cereal French Toast, Sausage Link Orange Slice <u>LUNCH</u> BBQ Pork Patty Mashed Potato, Cole Slaw Pistachio Pudding <u>DINNER</u> Chili Dogs w/Cheese & Onions Potato Salad, Fruit Mix	13 <u>BREAKFAST</u> Hot & Cold Cereal Potato Pancake, White Gravy Bacon, Banana <u>LUNCH</u> Meat Lasagna, Dinner Roll Garden Salad, French Dressing Orange Cake <u>DINNER</u> Cheeseburger w/Lettuce, Tomato Baked Beans, Bread Pudding	14 <u>BREAKFAST</u> Hot & Cold Cereal Pork Sausage Patty, Hash Browns Scrambled Eggs, Toast, Fruit <u>LUNCH</u> Baked Chicken w/Brown Gravy Mashed Potato, Cauliflower Tapioca Pudding <u>Dinner</u> Creamy Turkey Casserole Garden Salad, Roll, Cookies	15 <u>BREAKFAST</u> Hot & Cold Cereal Banana Pancake, Bacon Diced Pears <u>LUNCH</u> Pork Stew Over Rice Broccoli Ice Cream <u>DINNER</u> Chicken Pot Pie Mixed Vegetables, Roll Banana Pudding	16 <u>BREAKFAST</u> Hot & Cold Cereal Waffles w/Strawberries, Sausage Diced Peaches <u>LUNCH</u> Teriyaki Meat Balls Rice Mix, Vegetables Bread Pudding <u>DINNER</u> Sloppy Joe on a Bun Macaroni Salad, Cookies	17 <u>BREAKFAST</u> Hot & Cold Cereal Biscuit & Gravy, Bacon Sausage, Banana <u>LUNCH</u> Chicken Fajitas, Corn Tortillas Spanish Rice, Pinto Beans Ice Cream <u>DINNER</u> Italian Sausage Casserole Garlic Bread, Mixed Vegetables Pistachio Pudding	18 <u>BREAKFAST</u> Hot & Cold Cereal Toast, Cheese Omelet, Hash Browns <u>LUNCH</u> Egg Fried Rice, Vegetable Egg Roll Sweet & Sour Sauce, Jello <u>DINNER</u> Chicken Sandwich Cheese, Lettuce, Potato Chips Green Salad, Ranch Dressing Peach Cobbler
19 <u>BREAKFAST</u> Hot & Cold Cereal Pancakes, Bacon Slice, Peaches <u>LUNCH</u> BBQ Pork Patty Mashed Potato, Corn Banana Cream Pie <u>DINNER</u> Cheese Enchiladas w/Green Sauce Lettuce, Rice, Jello	20 <u>BREAKFAST</u> Hot & Cold Cereal Vegetable Quiche, Sausage Link Toast, Hash Browns, Orange Slices <u>LUNCH</u> Cheeseburger w/Lettuce & Tomato Baked Beans, Jello <u>DINNER</u> Turkey Tetrazzini Garlic Bread, Mixed Vegetables Yellow Cake	21 <u>BREAKFAST</u> Hot & Cold Cereal Seasoned Diced Potatoes Sausage Patty, Scrambled Eggs Diced Honey Dew <u>LUNCH</u> Teriyaki Chicken over Rice Broccoli, Chocolate Pudding <u>DINNER</u> Ham Sandwich, Lettuce & Tomato Macaroni Salad Peach Cobbler	22 <u>BREAKFAST</u> Hot & Cold Cereal Blueberry Pancake, Bacon Honey Dew <u>LUNCH</u> Stir Fry Chicken, Steamed Rice Seasoned Zucchini Egg Custard <u>DINNER</u> Grilled Bologna Sandwich w/ Cheese, Lettuce, Tomato Potato Salad, White Cake	23 <u>BREAKFAST</u> Hot & Cold Cereal Waffles w/Strawberries Pork Sausage Link, Diced Peaches <u>LUNCH</u> Beef Tacos w/Cheese Tomato, Onion, Rice Banana Pudding <u>DINNER</u> Chicken Stew, Rice Cali Blend Vegetables Apple Cobbler	24 <u>BREAKFAST</u> Hot & Cold Cereal Potato Pancake, Bacon, Sausage Link Toast, Diced Honeydew Melon <u>LUNCH</u> Beef Fajitas w/Tortilla Spanish Rice, Pinto Beans, Ice Cream <u>DINNER</u> Beef Ravioli w/Cheese Garlic Bread, Mixed Vegetables Blueberry Muffin	25 <u>BREAKFAST</u> Hot & Cold Cereal Toast, Fried Egg, Hash Browns Sausage Links, Cantaloupe <u>LUNCH</u> Grilled Cheese Sandwich Macaroni Salad, Ice Cream <u>DINNER</u> Salisbury Steak Mushroom Gravy Rice Cauliflower Jello
26 <u>BREAKFAST</u> Hot & Cold Cereal Pancakes, Bacon Slice Peaches <u>LUNCH</u> Chicken Broccoli Stir Fry Rice, Ice Cream <u>DINNER</u> Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Egg Custard	27 <u>BREAKFAST</u> Hot & Cold Cereal Corned Beef Hash Scrambled Egg, Toast Diced Honeydew Melon <u>LUNCH</u> Cheeseburger, Lettuce, Tomato Baked Beans, Jello <u>DINNER</u> Chicken Pot Pie, Roll Caesar Salad, Blueberry Tart	28 <u>BREAKFAST</u> Hot & Cold Cereal Bacon, Waffle w/Blueberries Diced Peaches <u>LUNCH</u> Beef Tacos w/Cheese Tomato, Onions, Rice Banana Pudding <u>DINNER</u> Italian Sausage Casserole, Garden Salad, French Dressing, Muffin	29 <u>BREAKFAST</u> Hot & Cold Cereal Banana Pancake Pork Sausage, Fruit <u>LUNCH</u> Pulled Pork BBQ, Cole Slaw Mac & Cheese, Ice Cream <u>DINNER</u> Grilled Bologna Sandwich w/Lettuce, Cheese, Tomato Potato Salad Banana Pudding	30 <u>BREAKFAST</u> Hot & Cold Cereal Pork Savage Patty Scrambled Eggs, Toast, Diced Pears <u>LUNCH</u> Chicken Teriyaki over Rice Cali Blend Vegetables, Jello <u>DINNER</u> Beef Ravioli w/Cheese Mixed Vegetables Chocolate Cookies	31 <u>BREAKFAST</u> Hot & Cold Cereal Biscuit & Gravy, Pork Sausage Link Diced Honeydew Melon <u>LUNCH</u> Baked Fish Sauce w/Tartar Sauce Roasted Potato, Coleslaw Ice Cream <u>DINNER</u> Turkey Casserole, Garlic Bread Mixed Vegetables, Bread Pudding	Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jun or Michael know 3 hours before meal time. BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea