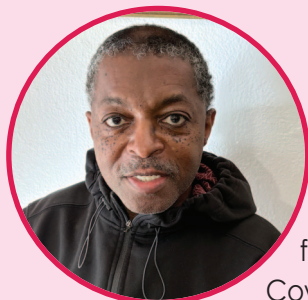




February 2026 Newsletter

Senior Assisted Living Community

**Mitchell B.**

is our Assisted Living Resident of the Month

Mitchell was born in Lubbock, Texas on July 10, 1963 to Ada Lee Hawkins. Mitchell is the third of seven siblings. He has never married, and therefore never had any children. He received his GED from Pasadena High School. Mitchell worked in a pizza restaurant for five years. He loves to watch fireworks, and enjoys football, too. He is a big fan of the Dallas Cowboys. While Mitchell was raised in California, he was born in Texas and has stayed loyal to his birth state's team. He never got to know his biological dad. Mitchell encourages everyone to "Live life to the fullest and do what makes you happy." Congratulations Mitchell, on being named our February Assisted Living Resident of the Month!

Lori Ann L.

is our Arbor Hall Resident of the Month

Lori was born on August 8, 1960 in Torrance, CA to Bart Clanin and Sharon Louise Scott. Lori has one younger sister, and her name is Debbie. At the age of nine, Lori went to live with her aunt in Missouri. Once Lori turned fifteen, she moved back to California to live with her family in the city of Anaheim. Lori attended Lake Junior High and Katella High School. After graduating high school, she enlisted in the Marines, from which she was honorably discharged. Lori worked at Precision Machine Products for many years. Lori loves Calico cats, and she has owned three of them. Her hobbies and interests include singing, playing the guitar as well as the keyboard. Lori also loves to do karaoke when she gets the opportunity. Congratulations Lori, on being Arbor Hall resident of the month for February!

**Valentine's Day Party**

Friday, February 13 at 1:30 p.m.



February Birthday Party

Friday, February 27 at 1:00 p.m.

All residents whose birthday is in February are invited to join us in the Hobby Room to celebrate their natal day. We'll have cake and ice cream for you to enjoy.

AL Birthdays

Gwendolyn B.	2/02
Luise P.	2/05
Atilio R.	2/06
Malissa C.	2/17
Cesar E.	2/19
Allen F.	2/21
Diana L.	2/21
Carlethia J.	2/22
Robert T.	2/28

Arbor Hall Birthdays

Na N.	2/09
Katherine M.	2/28

Staff Birthdays

Elisa I.	2/18
Tania M.	2/13

MAIN EVENTS FOR FEBRUARY 2026

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, February 12 - 1:00 p.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jhun know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room, and Saturdays at 1:00 p.m.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday and Thursday of the month at 2:00 p.m.

Bingo

Every Monday, Wednesday, and Friday

Medical Runs

Every Monday to Thursday of the month.



New Residents

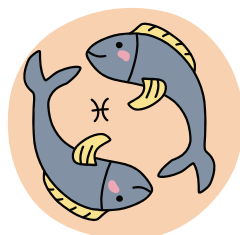
Jacqueline M.

February HOrOs cOpe Signs



Aquarius - January 20 to February 17

An air sign, Aquarius people rely on their mind and spoken words most of the time. They see the world as a place full of possibilities and like to be spontaneous, follow the moment, and live life to the fullest. They are able to see people without prejudice and this makes them truly special. The Aquarius is a deep thinker and highly intellectual who loves to fight for idealistic causes.



Pisces - February 19 to March 20

A water sign, the empathetic, compassionate Pisces is also the last constellation of the zodiac. This final sign is symbolized by two fish swimming in opposite directions with a yin and yang type of force. Caught somewhere between fantasy and reality, Pisces must learn to stay grounded in the material realm, and to avoid being swallowed up by their dreams and emotions. Because of their endless imagination, Pisces can make incredible artists and creatives.

February 2026 Arbor Hall Activities Calendar

This calendar is subject to change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Groundhog Day</i> 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization Final Stretch of the Day	2 <i>Groundhog Day</i> 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails / Hair Cuts / TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	3 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave / Socialization / TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	4 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History / Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	5 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails / Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	6 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave / Socialization / TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	7 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures / Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
8 9:30 Exercise / Workout 10:00 Daily Audio Prayer / Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization Final Stretch of the Day	9 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails / Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	10 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	11 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	12 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	13 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading / Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	14 <i>Valentines Day</i> 9:30 Exercise / Workout 10:00 Daily Prayer / Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
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FEBRUARY DAYS TO NOTE...

02	Hula in the Coola Day	15	Susan B. Anthony Day
03	Nat'l Carrot Cake Day	16	Innovation Day
05	World Nufella Day	17	Nat'l Random Acts of Kindness Day
06	Nat'l Frozen Yogurt Day	18	Thumb Appreciation Day
07	Rose Day	19	Iwo Jima Day
08	Nat'l Boy Scouts Day	20	Nat'l Muffin Day
09	Opera Day	21	National Caregivers Day
09	National Bagel Day	22	Washington's Birthday
11	Grandmother Day	24	National California Day
12	Achievement Day	24	Nat'l Tortilla Chip Day
13	Lincoln's Birthday	25	Quiet Day
		26	National Carnival Day

"While it is February one can taste the full joys of anticipation.
Spring stands at the gate with her finger on the latch."
~ Patience Strong

Month of February

Birthstone:
Amethyst (Sincerity)

Flowers:
Violet, Iris, Primrose

Colors:
Light Blue and Yellow



Chinese New Year WORD SEARCH

D	F	Z	S	W	Y	M	K	H	Z
J	O	Z	X	U	R	K	O	J	P
Z	R	P	S	P	C	R	C	L	S
Z	T	I	Z	Y	S	C	K	U	F
M	U	S	P	E	E	D	E	V	L
J	N	Y	T	I	R	I	P	S	L
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BLESSINGS
FIRE
FORTUNE
HORSE
LUCKY
LUNAR
SPEED
SPIRIT
SUCCESS
WISHES



Enjoy Assisted Living at Its Finest.



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