

CARSON 2026
February Menu

Menu subject
to change
Lic#: 198204950

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>BREAKFAST</div><div>Orange Juice Pancakes, Bacon Slice, Peaches</div><div>LUNCH</div><div>Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Egg Custard</div><div>DINNER</div><div>Chicken Sandwich Potato Salad, Jello</div></div> <div>1</div>	<div><div>GROUNDHOG DAY</div><div>BREAKFAST</div><div>Orange Juice, Toast Apple Juice, Toast Vegetable Quiche, Sausage Link Hans Browns, Orange Slices</div><div>LUNCH</div><div>Cheeseburger w/Lettuce & Tomato Baked Beans, Jello</div><div>DINNER</div><div>Turkey Tetrazzini Garlic Bread, Mixed Vegetables Yellow Cake</div></div> <div>2</div>	<div><div>BREAKFAST</div><div>Orange Juice Blueberry Pancakes, Syrup Sausage Link, Diced Peaches</div><div>LUNCH</div><div>Teriyaki Chicken, Rice Broccoli, Chocolate Pudding</div><div>DINNER</div><div>Ham Sandwich Lettuce & Tomato, Macaroni Salad Peach Cobbler</div></div> <div>3</div>	<div><div>BREAKFAST</div><div>Apple Juice, Fruit Biscuit & Gravy, Bacon, Sausage</div><div>LUNCH</div><div>Chicken Adobo Over Rice Cali Blend Vegetables Egg Custard</div><div>DINNER</div><div>Baked Fish Pollock, Tartar Sauce Roasted Potatoes Ice Cream</div></div> <div>4</div>	<div><div>BREAKFAST</div><div>Orange Juice, Toast Turkey Sausage, Scrambled Egg Hash Browns, Diced Peaches</div><div>LUNCH</div><div>Beef Pepper Steak Rice Mix Vegetables Chocolate Muffin</div><div>DINNER</div><div>Chicken Pesto Mashed Potatoes, Broccoli Apple Cobbler</div></div> <div>5</div>	<div><div>BREAKFAST</div><div>Orange Juice, Toast Potato Pancake, Bacon, Sausage Link Diced Honeydew Melon</div><div>LUNCH</div><div>Roast Turkey, Mashed Potatoes Cranberry Spinach Banana Cream Pie</div><div>DINNER</div><div>Beef Ravioli w/Cheese Garlic Bread, Mixed Vegetables Blueberry Muffin</div></div> <div>6</div>	<div><div>BREAKFAST</div><div>Apple Juice, Toast Fried Egg, Hash Browns Sausage Links, Cantaloupe</div><div>LUNCH</div><div>Salisbury Steak w/Mushroom Gravy Mashed Potatoes Broccoli, Jello</div><div>DINNER</div><div>Egg Salad Sandwich Cheese, Lettuce Green Salad, Asian Dressing Ice Cream</div></div> <div>7</div>
<div><div>SUPER BOWL LX</div><div>BREAKFAST</div><div>Orange Juice, Bacon French Toast, Diced Peaches</div><div>LUNCH</div><div>Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix</div><div>DINNER</div><div>Cheese Enchiladas Green Salad, Rice, Corn Yellow Cake</div></div> <div>8</div>	<div><div>BREAKFAST</div><div>Apple Juice, Toast Corned Beef Hash, Scrambled Egg Diced Honeydew Melon</div><div>LUNCH</div><div>Chicken Pot Pie, Buttered Corn Dinner Roll, Fruit Salad</div><div>DINNER</div><div>Cheeseburger w/Lettuce, Tomato Baked Beans Jello</div></div> <div>9</div>	<div><div>BREAKFAST</div><div>Orange Juice, Bacon Waffle w/Blueberries, Diced Peaches</div><div>LUNCH</div><div>Beef Tacos w/Cheese Tomato, Onions, Rice Banana Pudding</div><div>DINNER</div><div>Chicken Casserole Garlic Bread, Mixed Vegetables Muffin</div></div> <div>10</div>	<div><div>BREAKFAST</div><div>Apple Juice Banana Pancake Pork Sausage, Fruit</div><div>LUNCH</div><div>Chicken Pesto Over Rice Spinach, Ice Cream</div><div>DINNER</div><div>Roast Beef Sandwich Potato Salad Cheese Cake Tart</div></div> <div>11</div>	<div><div>FAT THURSDAY</div><div>BREAKFAST</div><div>Orange Juice, Toast Scrambled Eggs Pork Sausage Patty, Diced Pears</div><div>LUNCH</div><div>Teriyaki Meat Balls, Rice Broccoli, Fruit Cocktail</div><div>DINNER</div><div>Picadillo Over Rice Mixed Vegetables Pistachio Pudding</div></div> <div>12</div>	<div><div>BREAKFAST</div><div>Apple Juice, Toast Potato Pancake w/White Gravy Bacon, Sausage Link Diced Honeydew Melon</div><div>LUNCH</div><div>Beef Fajitas w/Corn Tortilla Beans, Spanish Rice Ice Cream</div><div>DINNER</div><div>Turkey Casserole, Garlic Bread Mixed Vegetables Bread Pudding</div></div> <div>13</div>	<div><div>VALENTINE'S DAY</div><div>BREAKFAST</div><div>Orange Juice, Toast Cheese Omelet, Hash Browns Sliced Oranges</div><div>LUNCH</div><div>Salisbury Steak w/Mushroom Gravy Rice, Cali-blend Vegetables Chocolate Pie</div><div>DINNER</div><div>Spaghetti w/Meat Sauce, Garlic Bread, Green Salad, Thousand Island Dressing, Cookies</div></div> <div>14</div>
<div><div>BREAKFAST</div><div>Apple Juice Pancakes, Bacon, Diced Pears</div><div>LUNCH</div><div>BBQ Pork Patty Mashed Potatoes, Mixed Vegetables, Yellow Cake</div><div>DINNER</div><div>Ham Sandwich, Tomato, Cheese, Tomato, Lettuce, Potato Salad Green Salad, Asian Dressing, Jello</div></div> <div>15</div>	<div><div>PRESIDENTS' DAY</div><div>BREAKFAST</div><div>Orange Juice, Toast Spinach Scrambled Eggs Hash Browns , Sausage Sliced Oranges</div><div>LUNCH</div><div>Chicken Alfredo, Penne Pasta Cesar Salad, Garlic Bread Orange Cake</div><div>DINNER</div><div>Cheeseburger w/Lettuce & Tomato Baked Beans, Tapioca Pudding</div></div> <div>16</div>	<div><div>LUNAR NEW YEAR BEGINS FAT TUESDAY (MARDI GRAS)</div><div>BREAKFAST</div><div>Apple Juice, Bacon, Peaches Waffle w/Sliced Strawberries</div><div>LUNCH</div><div>Teriyaki Chicke, Rice, Broccoli Ice Cream</div><div>DINNER</div><div>Sloppy Joe on a Bun Macaroni Salad, Egg Custard</div></div> <div>17</div>	<div><div>ASH WEDNESDAY</div><div>BREAKFAST</div><div>Orange Juice, Toast Potato Pancakes w/White Gravy Sausage Link, Banana</div><div>LUNCH</div><div>Beef Stroganoff w/Rotini Noodles Spinach, Garlic Bread White Cake</div><div>DINNER</div><div>Turkey Sandwich Potato Salad, Jello</div></div> <div>18</div>	<div><div>BREAKFAST</div><div>Apple Juice French Toast, Bacon, Bacon Diced Honeydew Melon</div><div>LUNCH</div><div>Turkey Tetrazzini, Garlic Bread, Egg Cali-Blend Vegetables Custard</div><div>DINNER</div><div>Chicken Pot Pie, Mixed Vegetables Egg Custard</div></div> <div>19</div>	<div><div>BREAKFAST</div><div>Orange Juice Biscuit & Gravy, Bacon, Sausage Sliced Peaches</div><div>LUNCH</div><div>Fish Tacos w/Corn Tortillas Spanish Rice, Cole Slaw, Ice Cream</div><div>DINNER</div><div>Spaghetti w/Meat Balls Mushroom, Garlic Bread Vanilla Pudding</div></div> <div>20</div>	<div><div>BREAKFAST</div><div>Orange Juice, Toast Fried Egg, Hash Browns, Bacon Diced Peaches</div><div>LUNCH</div><div>Salisbury Steak Mashed Potatoes Mixed Vegetables, Jello</div><div>DINNER</div><div>Turkey Sandwich Potato Salad Cookies</div></div> <div>21</div>
<div><div>BREAKFAST</div><div>Apple Juice Scrambled Egg, Pork Sausage Patty Hash Browns, Banana</div><div>LUNCH</div><div>Baked Fish (Pollock) w/Tartar Sauce Rice, Cole Slaw, Pistachio Pudding</div><div>DINNER</div><div>BBQ Pork Patty Mashed Potatoes, Corn Egg Custard</div></div> <div>22</div>	<div><div>BREAKFAST</div><div>Orange Juice Blueberry Pancakes, Pork Sausage Diced Peaches</div><div>LUNCH</div><div>Chicken Stew Over Rice Broccoli, Banana Pudding</div><div>DINNER</div><div>Beef Enchiladas Rice, Lettuce, Corn Bread Pudding</div></div> <div>23</div>	<div><div>BREAKFAST</div><div>Orange Juice Vegetable Quiche, Hash Browns Fruit</div><div>LUNCH</div><div>Beef Casserole, Garlic Bread Mixed Vegetables, Jello</div><div>Dinner</div><div>Grilled Chicken Mashed Potatoes, Green Peas Chocolate Pudding</div></div> <div>24</div>	<div><div>BREAKFAST</div><div>Apple Juice Potato Pancake w/White Gravy Bacon, Diced Pears</div><div>LUNCH</div><div>Beef Stew Rice, Broccoli Ice Cream</div><div>DINNER</div><div>Ham Sandwich Potato Salad Banana Pudding</div></div> <div>25</div>	<div><div>BREAKFAST</div><div>Orange Juice Waffles w/Strawberries, Sausage Diced Peaches</div><div>LUNCH</div><div>Teriyaki Meat Balls Rice Mix, Vegetables Bread Pudding</div><div>DINNER</div><div>Sloppy Joe on a Bun Macaroni Salad, Cookies</div></div> <div>26</div>	<div><div>BREAKFAST</div><div>Apple Juice Biscuit & Gravy, Bacon Sausage, Banana</div><div>LUNCH</div><div>Baked Fish Pollock w/Tartar Sauce Roasted Potatoes Ice Cream</div><div>DINNER</div><div>Italian Sausage Casserole Garlic Bread, Mixed Vegetables Pistachio Pudding</div></div> <div>27</div>	<div><div>BREAKFAST</div><div>Orange Juice, Toast Cheese Omelet, Hash Browns</div><div>LUNCH</div><div>Salisbury Steak w/Mushroom Gravy Rice, Cauliflower, Jello</div><div>DINNER</div><div>Egg Salad Sandwich Cheese, Lettuce Macaroni Salad Blueberry Tart</div></div> <div>28</div>

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Michael and Jun know 3 hours before meal time.

BEVERAGES

Breakfast

Cranberry, Apple, Orange Juices
Coffee - Hot Tea
Hot Chocolate
Milk - Water

Lunch & Dinner

Coffee - Hot Tea
Water - Ice Tea

THE MONTH OF FEBRUARY IS...

African American History Month
American Heart Month
An Affair to Remember Month
Berry Fresh Month
Celebration of Chocolate Month
Fit February
Great American Pie Month
International Friendship Month
Library Lovers Month
National Cancer Prevention Month

National Cherry Month
National Embroidery Month
International Friendship Month
National Heart Healthy Month
National Hot Breakfast Month
National Potato Lovers Month
National Laugh-Friendly Month
National Wedding Month
Plant the Seeds of Greatness
Spunky Old Broads Month

MENU ALTERNATIVES

The following are alternative meals for Lunch or Dinner.

- Ham or Turkey Sandwich
- Fruit Salad w/Cottage Cheese
- Cold Veggie Plate w/Dressing
- Cheese Omelet w/Toast
- Grilled Cheese Sandwich
- Peanut Butter & Jelly Sandwich