

# CARSON 2026

## February Menu

Menu subject  
to change  
Lic#: 198204950

### SUNDAY

BREAKFAST  
Orange Juice  
Pancakes, Bacon Slice, Peaches  
LUNCH  
Spaghetti w/Meat Sauce  
Garlic Bread, Mixed Vegetables  
Egg Custard  
DINNER  
Chicken Sandwich  
Potato Salad, Jello

### MONDAY

**1 GROUNDHOG DAY**  
BREAKFAST  
Apple Juice, Toast  
Vegetable Quiche, Sausage Link  
Hans Browns, Orange Slices  
LUNCH  
Cheeseburger w/Lettuce & Tomato  
Baked Beans, Jello  
DINNER  
Turkey Tetrazzini  
Garlic Bread, Mixed Vegetables  
Yellow Cake

**2**  
BREAKFAST  
Orange Juice  
Blueberry Pancakes, Syrup  
Sausage Link, Diced Peaches  
LUNCH  
Teriyaki Chicken, Rice  
Broccoli, Chocolate Pudding  
DINNER  
Ham Sandwich  
Lettuce & Tomato, Macaroni Salad  
Peach Cobbler

### TUESDAY

**3**  
BREAKFAST  
Orange Juice  
Blueberry Pancakes, Syrup  
Sausage Link, Diced Peaches  
LUNCH  
Teriyaki Chicken, Rice  
Broccoli, Chocolate Pudding  
DINNER  
Ham Sandwich  
Lettuce & Tomato, Macaroni Salad  
Peach Cobbler

### WEDNESDAY

**4**  
BREAKFAST  
Apple Juice, Fruit  
Biscuit & Gravy, Bacon, Sausage  
LUNCH  
Chicken Adobo Over Rice  
Cali Blend Vegetables  
Egg Custard  
DINNER  
Baked Fish Pollock, Tartar Sauce  
Roasted Potatoes  
Ice Cream

### THURSDAY

**5**  
BREAKFAST  
Orange Juice, Toast  
Turkey Sausage, Scrambled Egg  
Hash Browns, Diced Peaches  
LUNCH  
Beef Pepper Steak  
Rice Mix Vegetables  
Chocolate Muffin  
DINNER  
Chicken Pesto  
Mashed Potatoes, Broccoli  
Apple Cobbler

### FRIDAY

**6**  
BREAKFAST  
Orange Juice, Toast  
Potato Pancake, Bacon, Sausage Link  
Diced Honeydew Melon  
LUNCH  
Roast Turkey, Mashed Potatoes  
Cranberry Spinach  
Banana Cream Pie  
DINNER  
Beef Ravioli w/Cheese  
Garlic Bread, Mixed Vegetables  
Blueberry Muffin

### SATURDAY

**7**  
BREAKFAST  
Apple Juice, Toast  
Fried Egg, Hash Browns  
Sausage Links, Cantaloupe  
LUNCH  
Salisbury Steak w/Mushroom Gravy  
Mashed Potatoes Broccoli, Jello  
DINNER  
Egg Salad Sandwich  
Cheese, Lettuce  
Green Salad, Asian Dressing  
Ice Cream

### SUPER BOWL LX

BREAKFAST  
Orange Juice, Bacon  
French Toast, Diced Peaches  
LUNCH  
Chili Dogs w/Cheese & Onions  
Potato Chips, Fruit Mix  
DINNER  
Cheese Enchiladas  
Green Salad, Rice, Corn  
Yellow Cake

**8**

BREAKFAST  
Apple Juice, Toast  
Corned Beef Hash, Scrambled Egg  
Diced Honeydew Melon  
LUNCH  
Chicken Pot Pie, Buttered Corn  
Dinner Roll, Fruit Salad  
DINNER  
Cheeseburger w/Lettuce, Tomato  
Baked Beans  
Jello

**9**

BREAKFAST  
Orange Juice, Bacon  
Waffle w/Blueberries, Diced Peaches  
LUNCH  
Beef Tacos w/Cheese  
Tomato, Onions, Rice  
Banana Pudding  
DINNER  
Chicken Casserole  
Garlic Bread, Mixed Vegetables  
Muffin

**10**

BREAKFAST  
Apple Juice  
Banana Pancake  
Pork Sausage, Fruit  
LUNCH  
Chicken Pesto Over Rice  
Spinach, Ice Cream  
DINNER  
Roast Beef Sandwich  
Potato Salad  
Cheese Cake Tart

### FAT THURSDAY

BREAKFAST  
Orange Juice, Toast  
Scrambled Eggs  
Pork Sausage Patty, Diced Pears  
LUNCH  
Teriyaki Meat Balls, Rice  
Broccoli, Fruit Cocktail  
DINNER  
Picadillo Over Rice  
Mixed Vegetables  
Pistachio Pudding

**12**

BREAKFAST  
Apple Juice, Toast  
Potato Pancake w/White Gravy  
Bacon, Sausage Link  
Diced Honeydew Melon  
LUNCH  
Beef Fajitas w/Corn Tortilla  
Beefs, Spanish Rice  
Ice Cream  
DINNER  
Turkey Casserole, Garlic Bread  
Mixed Vegetables  
Bread Pudding

### VALENTINE'S DAY

BREAKFAST  
Orange Juice, Toast  
Cheese Omelet, Hash Browns  
Sliced Oranges  
LUNCH  
Salisbury Steak w/Mushroom Gravy  
Rice, Cali-blend Vegetables  
Chocolate Pie  
DINNER  
Spaghetti w/Meat Sauce, Garlic  
Bread, Green Salad, Thousand Island  
Dressing, Cookies

**14**

BREAKFAST  
Apple Juice  
Pancakes, Bacon, Diced Pears  
LUNCH  
BBQ Pork Patty  
Mashed Potatoes, Mixed  
Vegetables, Yellow Cake  
DINNER  
Ham Sandwich, Tomato, Cheese,  
Tomato, Lettuce, Potato Salad  
Green Salad, Asian Dressing, Jello

**15**

**16 PRESIDENT'S DAY**  
BREAKFAST  
Orange Juice, Toast  
Spinach Scrambled Eggs  
Hash Browns, Sausage  
Sliced Oranges  
LUNCH  
Chicken Alfredo, Penne Pasta  
Cesar Salad, Garlic Bread  
Orange Cake  
DINNER  
Cheeseburger w/Lettuce & Tomato  
Baked Beans, Tapioca Pudding

**16**

**17 LUNAR NEW YEAR BEGINS**  
**FAT TUESDAY (MARDI GRAS)**  
BREAKFAST  
Apple Juice, Bacon, Peaches  
Waffle w/Sliced Strawberries  
LUNCH  
Teriyaki Chicke, Rice, Broccoli  
Ice Cream  
DINNER  
Sloppy Joe on a Bun  
Macaroni Salad, Egg Custard

**17**

**18 ASH WEDNESDAY**  
BREAKFAST  
Orange Juice, Toast  
Potato Pancakes w/White Gravy  
Sausage Link, Banana  
LUNCH  
Beef Stroganoff w/Rotini Noodles  
Spinach, Garlic Bread  
White Cake  
DINNER  
Turkey Sandwich  
Potato Salad, Jello

**18**

BREAKFAST  
Apple Juice  
French Toast, Bacon, Bacon  
Diced Honeydew Melon  
LUNCH  
Turkey Tetrazzini, Garlic Bread, Egg  
Cali-Blend Vegetables  
Custard  
DINNER  
Chicken Pot Pie, Mixed Vegetables  
Egg Custard

BREAKFAST  
Orange Juice  
Biscuit & Gravy, Bacon, Sausage  
Sliced Peaches  
LUNCH  
Fish Tacos w/Corn Tortillas  
Spanish Rice, Cole Slaw, Ice Cream  
DINNER  
Spaghetti w/Meat Balls  
Mushroom, Garlic Bread  
Vanilla Pudding

**20**

BREAKFAST  
Orange Juice, Toast  
Fried Egg, Hash Browns, Bacon  
Diced Peaches  
LUNCH  
Salisbury Steak  
Mashed Potatoes  
Mixed Vegetables, Jello  
DINNER  
Turkey Sandwich  
Potato Salad  
Cookies

**21**

BREAKFAST  
Apple Juice  
Scrambled Egg, Pork Sausage Patty  
Hash Browns, Banana  
LUNCH  
Baked Fish (Pollock) w/Tartar Sauce  
Rice, Cole Slaw, Pistachio Pudding  
DINNER  
BBQ Pork Patty  
Mashed Potatoes, Corn  
Egg Custard

**22**

BREAKFAST  
Orange Juice  
Blueberry Pancakes, Pork Sausage  
Diced Peaches  
LUNCH  
Chicken Stew Over Rice  
Broccoli, Banana Pudding  
DINNER  
Beef Enchiladas  
Rice, Lettuce, Corn  
Bread Pudding

**23**

**24**  
BREAKFAST  
Orange Juice  
Vegetable Quiche, Hash Browns  
Fruit  
LUNCH  
Beef Casserole, Garlic Bread  
Mixed Vegetables, Jello  
Dinner  
Grilled Chicken  
Mashed Potatoes, Green Peas  
Chocolate Pudding

**24**

**25**  
BREAKFAST  
Apple Juice  
Potato Pancake w/White Gravy  
Bacon, Diced Pears  
LUNCH  
Beef Stew  
Rice, Broccoli  
Ice Cream  
DINNER  
Ham Sandwich  
Potato Salad  
Banana Pudding

**25**

BREAKFAST  
Orange Juice  
Waffles w/Strawberries, Sausage  
Diced Peaches  
LUNCH  
Teriyaki Meat Balls  
Rice Mix, Vegetables  
Bread Pudding  
DINNER  
Sloppy Joe on a Bun  
Macaroni Salad, Cookies

**26**

BREAKFAST  
Apple Juice  
Biscuit & Gravy, Bacon  
Sausage, Banana  
LUNCH  
Baked Fish Pollock w/Tartar Sauce  
Roasted Potatoes  
Ice Cream  
DINNER  
Italian Sausage Casserole  
Garlic Bread, Mixed Vegetables  
Pistachio Pudding

**27**

BREAKFAST  
Orange Juice, Toast  
Cheese Omelet, Hash Browns  
LUNCH  
Salisbury Steak w/Mushroom Gravy  
Rice, Cauliflower, Jello  
DINNER  
Egg Salad Sandwich  
Cheese, Lettuce  
Macaroni Salad  
Blueberry Tart

**28**

Residents, if you  
are requesting  
something  
different than  
what is on the  
menu, we ask  
that you PLEASE  
let Michael and  
Jun know 3 hours  
before meal time.

**BEVERAGES**  
**Breakfast**  
Cranberry, Apple,  
Orange Juices  
Coffee - Hot Tea  
Hot Chocolate  
Milk - Water  
**Lunch & Dinner**  
Coffee - Hot Tea  
Water - Ice Tea



**THE MONTH OF FEBRUARY IS...**

- African American History Month
- American Heart Month
- An Affair to Remember Month
- Berry Fresh Month
- Celebration of Chocolate Month
- Fit February
- Great American Pie Month
- International Friendship Month
- Library Lovers Month
- National Cancer Prevention Month

**MENU ALTERNATIVES**  
The following are alternative meals  
for Lunch or Dinner.
 

1. Ham or Turkey Sandwich
2. Fruit Salad w/Cottage Cheese
3. Cold Veggie Plate w/Dressing
4. Cheese Omelet w/Toast
5. Grilled Cheese Sandwich
6. Peanut Butter & Jelly Sandwich

