



February 2026 Arbor Hall Activities Calendar

This calendar is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Exercise / Workout 10:00 Daily Audio Prayer /Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization 5:10 Final Stretch of the Day	Groundhog Day 9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
9:30 Exercise / Workout 10:00 Daily Audio Prayer /Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	Valentine's Day 9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
9:30 Exercise / Workout 10:00 Daily Audio Prayer /Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization 5:10 Final Stretch of the Day	Presidents' Day 9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	Lunar New Year begins Fat Tuesday/Mardi Gras 9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
9:30 Exercise / Workout 10:00 Daily Audio Prayer /Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
9:30 Exercise / Workout 10:00 Daily Audio Prayer /Bible Reading 10:30 Snacks / TV Time 11:30 Lunch 12:30 Relaxation / TV Time 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:00 Socialization 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Hair Cuts /TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day

"While it is February
one can taste the full joys
of anticipation.
Spring stands at the gate
with her finger
on the latch."

~ Patience Strong

FEBRUARY DAYS TO NOTE...

02	Hula in the Coola Day	15	Susan B. Anthony Day
03	Nat'l Carrot Cake Day	16	Innovation Day
05	World Nutella Day	17	Nat'l Random Acts of Kindness Day
06	Nat'l Frozen Yogurt Day	18	Thumb Appreciation Day
07	Rose Day	19	Iwo Jima Day
08	Nat'l Boy Scouts Day	20	Natioal Muffin Day
08	Opera Day	21	National Caregivers Day
09	National Bagel Day	22	Washington's Birthday
11	Grandmother	22	National California Day
	Achievement Day	24	Nat'l Tortilla Chip Day
12	Lincoln's Birthday	25	Quiet Day
13	Nat'l Italian Food Day	26	National Carnival Day



Month of February

Birthstone:
Amethyst (Sincerity)

Flowers:
Violet, Iris, Primrose

Colors:
Light Blue and Yellow