



September 2021 Newsletter

Senior Assisted Living Community



### Walter McCorkle

is our Assisted Living Resident of the Month

Walter was born August 1, 1944, to Lillie and Walter McCorkle Sr. in York, Alabama. He is the second oldest sibling along with his four sisters. Walter went to WestEd High School, and after high school, he decided to join the Air Force. After completing his service, Walter went to Arizona State University where he majored in Science. Soon after that, he began working as a welder. When Walter wasn't in school or working, he enjoyed his free time by traveling, fishing, hunting, playing football, basketball, playing pool, dancing, chasing after women, listening to music and singing. Now that he lives here at Carson Senior Assisted Living, he enjoys hanging out with all his new friends on the patio, playing board games, taking walks, watching TV, listening to music and singing. His favorite saying is, "Live as long as you can, and die when you can't help it!" Congratulations, Walter, on being named our September Assisted Living Resident of the Month!

### Kelly Mark Flick

is our Arbor Hall Resident of the Month

Kelly was born on July 13, 1957, in Eau Claire, Wisconsin, to Mark and Judy Flick. Kelly is the youngest son and has one older sister named Shelly. Kelly didn't finish high school, but received his GED when he joined the Marine Corps. He served in the Corps for eight years, and has traveled to many parts of the world. When he first enlisted, he was sent to California to train, and he liked the state so much he decided to move here after being honorably discharged. Kelly was only married for one year and has no children. He has had many jobs over the years, but tells us that being a bartender was his favorite because he had the most fun doing it! Kelly has great memories of growing up in Wisconsin like attending football games to watch his favorite football team, Wisconsin's Green Bay Packers. His interests and hobbies include motorcycles (he owns two!), and working out at the gym to stay fit. Here at Carson, Kelly enjoys playing board games, cards, watching TV, and spending time with all of his friends here at Arbor Hall. Congratulations to Kelly for being our Arbor Hall Resident of the Month.



## Birthdays Party Social

Friday, September 24 at 1:00 p.m.

All residents whose birthday is in September are invited to join us in the Hobby Room to celebrate their natal day. We have cake and ice cream for you to enjoy.

### AL Resident Birthdays

Ruth Hulse	9/01
Kazuyoshi Ishigake	9/02
Mary Jane Define	9/01
Louis Edwards	9/05
Steven Chernock	9/07
John Stotts	9/10
Kevin Laelle	9/12
Kenneth Cottam	9/15
Adela Turner	9/15
Robert Kolber	9/25

### AH Resident Birthdays

Richard Alanzo	9/18
Patricia Evans	9/27
Dusty Bredin	9/30

### Employee Birthdays

Michael Esmerelda	9/03
Evelyn Castaneto	9/04
Frederick Anoché	9/06
Lolita Mendoza	9/08
Mayolo Lopez	9/09
Elizabeth Mejia	9/29

### Gone But Not Forgotten

Sumiko Hoff  
Jose Manzanares

## Main Events for September 2021

Important  
INFO

Our  
News

### Council Meeting

RESIDENT COUNCIL MEETING

Thursday, September 9 - 11:00 a.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

### Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



### Church Services

**St. Philomena Church** will have Catholic mass every third Monday of each month.

**The Living Bread Ministry** will conduct their prayer meeting every first Thursday of the month. Everybody is welcome to join the group every Thursday at 6:30 p.m. in the front T.V. Room.

**The Good Shepherd Ministry** comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They are inviting you to join them in their spiritual advocacies.

**The Metropolitan Church of Christ** comes every Sunday of the month at 2:00 p.m.

### Bingo

Every Monday, Wednesday, and Friday

### Medical Runs

Every Monday to Friday of the month.



Begins on September 15 and ends on October 15

### National Hispanic Heritage Month

The middle of September marks the beginning of a month-long celebration of the Hispanic population that has reached over 60 million people. Hispanic Americans are the nation's second-fastest growing ethnic group after Asian Americans. Beginning the nationwide celebration via festivals, parades, art shows, conferences, community gatherings coincides with the national independence days for many Latin American countries. These countries include Guatemala, El Salvador, Honduras, Nicaragua, and Costa Rica. Mexico's national independence day follows on the 16th, Chile's on the 18th, and Belize's on the 21st.

In 1968, California Congressman George E. Brown first introduced Hispanic Heritage Week to commemorate the history, culture, and contributions of Hispanic and Latino Americans. President George H.S. Bush was the first president to declare the 31-day period from September 15 to October 15 as National Hispanic Heritage Month.



### New Residents

Ronald Kubo  
Will Jarrell  
Jose Madrideojos  
Maria Gonzalez Ortega  
Ronald Seta  
Curby Smith



# September 2021 Arbor Hall Activities Calendar

This calendar is subject to change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Month of September</b></p> <p>Birthstone: Sapphire Flowers: Forget-me-not, Morning Glory and Asfer Colors: Brown, Deep Blue</p>	<p><b>SEPTEMBER DAYS TO NOTE...</b></p> <p>01 No Rhyme Nor Reason Day 03 National Food Bank Day 04 National Wildlife Day 05 National Cheese Pizza Day 06 National Read a Book Day 07 National Grateful Patient Day 09 National Teddy Bear Day 12 National Day of Encouragement 13 Boss/Employee Exchange Day 14 National Live Creative Day</p>	<p><b>15</b> Greenpeace Day <b>16</b> National Guacamole Day <b>18</b> National Cleanup Day <b>19</b> Wife Appreciation Day <b>20</b> National Care for Kids Day <b>23</b> Inneerize Day <b>24</b> National Punctuation Day <b>27</b> National Pancake Day <b>30</b> National Love People Day</p>	<p><b>1</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch /Videos/Books Remembering History Snacks &amp; Puzzles Bingo! Dinner Final Stretch of the Day</p>	<p><b>2</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>3</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave/Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>4</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch 11:30 Learning about Cultures /Videos/Books Snacks &amp; Dominos Bingo! Dinner Final Stretch of the Day</p>
<p><b>5</b> Exercise / Workout Daily Audio Prayer /Bible Reading Snacks &amp; TV Time Lunch Relaxation / TV Time Snacks &amp; Dominos Bingo! Dinner Socialization Final Stretch of the Day</p>	<p><b>6</b> Labor Day / Rosh Hashanah (begins at sundown) Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>7</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>8</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks &amp; Puzzles Bingo! Dinner Final Stretch of the Day</p>	<p><b>9</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>10</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave/Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>11</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch 11:30 Learning about Cultures /Videos/Books Snacks &amp; Dominos Bingo! Dinner Final Stretch of the Day</p>
<p><b>12</b> Grandparents Day Exercise / Workout Daily Audio Prayer /Bible Reading Snacks / TV Time Lunch 11:30 Relaxation / TV Time Snacks &amp; Dominos Bingo! Dinner Socialization Final Stretch of the Day</p>	<p><b>13</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch 11:30 Colorful Nails /Hair Cuts /TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>14</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>15</b> Yom Kippur (begins at sundown) Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks &amp; Puzzles Bingo! Dinner Final Stretch of the Day</p>	<p><b>16</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>17</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave/Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>18</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch 11:30 Learning about Cultures /Videos/Books Snacks &amp; Dominos Bingo! Dinner Final Stretch of the Day</p>
<p><b>19</b> Exercise / Workout Daily Audio Prayer /Bible Reading Snacks &amp; TV Time Lunch 11:30 Relaxation / TV Time Snacks &amp; Dominos Bingo! Dinner Socialization Final Stretch of the Day</p>	<p><b>20</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>21</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>22</b> Fall Begins Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks &amp; Puzzles Bingo! Dinner Final Stretch of the Day</p>	<p><b>23</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>24</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave/Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>25</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch 11:30 Learning about Cultures /Videos/Books Snacks &amp; Dominos Bingo! Dinner Final Stretch of the Day</p>
<p><b>26</b> Exercise / Workout Daily Audio Prayer /Bible Reading Snacks &amp; TV Time Lunch 11:30 Relaxation / TV Time Snacks &amp; Dominos Bingo! Dinner Socialization Final Stretch of the Day</p>	<p><b>27</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>28</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks &amp; Playing Cards Bingo! Dinner Final Stretch of the Day</p>	<p><b>29</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks &amp; Puzzles Bingo! Dinner Final Stretch of the Day</p>	<p><b>30</b> Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/TV Time Snacks &amp; Movie Bingo! Dinner Final Stretch of the Day</p>	<p><b>30</b> Snacks are served every day at 10:00 a.m. 2:00 p.m. 7:30 p.m.</p>	

HISPANIC  
HERITAGE  
WORD  
SEARCH

Y G J W I Z Q S Z T X U U B M R W L T F  
V F A Z V W M K G F B V E R G K W Z H E  
X O Y C Q Z W T D A N C E S P A N I S H A  
S K G D H D O S C A R V E S G I O N I A  
T O I V X R E R P M K Q U E L L U E V A  
G J C S G U O C B S Z G P A I D E C I L  
K O P F S M T O K D L V A E T J N T B K  
X Y A F E S V K A M N J X I P W G D D S  
P C J B P N D U K Y T T Z C C C L W S X  
B U A I T N L X N K N P K N X M I Y E G  
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J N T J B U O T Q I O I B E M J T F N J  
J X O T E I Q N W L N A G R L Q T C A S  
M R S W R U J T I P T F A I Y V J U B G  
K V A I H G F W E R H B A T Q R H F Z V  
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B R T B H E F E Q V T D M E E Z M W U L  
N L Z L E M V J B K O C T O B E R F T Y



HISPANIC  
HERITAGE  
MONTH  
DRUMS  
SPANISH  
ENGLISH  
SELENA  
SCARVES  
SEPTEMBER  
OCTOBER  
DANCE  
QUE LLUEVA  
PAJAITOS  
CANTAN

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