



October 2023 Newsletter

Senior Assisted Living Community

Christina Vendley

is our Assisted Living Resident of the Month



Christina Vendley was born on October 9, 1965 to Shirley and James Vendley in Glendale, California. She is the oldest child, with one younger brother. She attended Huntington Beach High School, where she enjoyed running cross country and being in Track & Field. After she graduated, she went on to attend Cal State University Fullerton. She graduated after five years with a Bachelor's Degree in Business. She went on to work as a Sales Rep for 10 years. She has one son named Chris. Some of her favorite hobbies include

going on walks and interacting with other people. Congratulations, Christina, on being named our Assisted Living Resident of the Month!

Norama Pesquera

is our Arbor Hall Resident of the Month



Norama Pesquera was born on December 25, 1941 to Gorgonio and Crescencia Ganhinhin in the town of Lazi on Siquijor Island, Philippines. She is the oldest of three children, including her brother, Elmo, and her sister, Dima. Norama graduated from the University of Southern Philippines in Cebu City with a BS degree in Home Economics. Norama met her future husband at a University party, and they married and had two daughters, NR and Phebbie. Norama taught home economics for 5th and 6th graders in the Philippines. She also opened a small restaurant in the Philippines where she was also the cook. Norama immigrated to the U.S. and became a citizen in 1982. She worked in catering and also worked part-time as a home caregiver. Her hobbies and interests are cooking and dancing. Congratulations, Norama, on being named our Arbor Hall Resident of the Month.

MAIN EVENTS FOR OCTOBER 2023

Our
News

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, October 12 - 11:00 a.m.

in the Hobby Room.

Important
INFO



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday of the month at 2:00 p.m.

Bingo

Every Monday, Wednesday, and Friday

Medical Runs

Every Monday to Thursday of the month.



October HOROSCOPIC Signs



Libra- September 23 to October 22

This air sign is fixated on the symmetry of harmony and balance, and strives to create equilibrium in all areas of life. Ruled by Venus and governed by love, beauty and money, Libras love high art, intellectualism, and like to create an environment around themselves that reflects their exquisite tastes. Because Libras consider multiple perspectives in all pursuits, they often struggle with indecision. They need to learn to trust their own intuition.



Scorpio- October 23 to November 21

Elusive and mysterious, Scorpio is one of the most misunderstood signs of the zodiac. Scorpio is a water sign that uses emotional energy as fuel, cultivating powerful wisdom through both the physical and unseen realms. In fact, Scorpio derives its extraordinary courage from its psychic abilities, which is what makes this sign one of the most complicated, dynamic signs of the zodiac.



October Birthday Party

Friday, October 27 at 1:00 p.m.
All residents whose birthday is in October are invited to join us in the Hobby Room to celebrate their natal day. We have cake and ice cream for you to enjoy.

AL Resident Birthdays

Donalynn D.	10/03
Lorraine Nelson	10/06
Irene Larano	10/09
Christina Vendley	10/09
Barbara Richards	10/10
Helena Powell	10/14
Roy Taylor	10/20
Wanda Washington	10/21
Joseph Acaba	10/24
Floyd Covington	10/24

Arbor Hall Birthdays

Jerry Lee	10/03
Joel Gotango	10/07
Verline Smith	10/07
Sherri Schroeder	10/13
Russell Williams	10/23
Sonny Goldberg	10/27
Blanco Moreno Carlos	10/30

Staff Birthdays

Joel A.	10/07
Jessica O.	10/07
Ruth N.	10/11
Elmer S.	10/11
Jesus H.	10/15
Serah T.	10/15
Maria P.	10/23
Michael R.	10/31



New Residents

Walter Garcia
Concepcion Gutierrez
Scott Jabaut
Clarice Manaselian
Clemente Rieta

[illegible]

Day of the Dead

WORD SEARCH

AFTERWORLD
ALTER
CANDLE
CROSS
FAMILY
FLOWERS
GRATEFUL
ROOTS
SALT
SKULL

U	E	L	J	M	Y	L	W	A	R
E	L	N	W	L	D	Q	Y	P	A
E	D	E	I	N	R	O	O	T	S
S	N	M	R	O	A	L	T	E	R
P	A	G	R	A	T	E	F	U	L
F	C	L	S	S	O	K	Z	L	L
R	W	R	T	S	S	K	U	L	L
T	K	F	L	O	W	E	R	S	K
A	F	T	E	R	W	O	R	L	D
W	K	J	E	C	H	Y	P	E	V

Day
DE LOS
Muertos



Enjoy Assisted Living at Its Finest.



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