

CARSON 2026

May Menu

Menu subject to change
Lic#: 198204950



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

31
BREAKFAST
Hot & Cold Cereal
Bacon, French Toast, Diced Peaches
LUNCH
Chicken Fried Rice
Vegetable Egg w/Sweet & Sour Sauce, Fruit Mix
DINNER
Cheese Enchiladas
Green Salad, Rice, Corn
Yellow Cake

THE MONTH OF MAY IS...
Asian American & Pacific Islander Heritage Month
Correct Your Posture Month
Gifts from the Garden Month
Italian American Heritage Month
Jewish American Heritage Month
Mediterranean Diet Month
Nat'l Arts & Humanities Month
Nat'l BBQ Month
Nat'l Book Month
Nat'l Dental Care Month

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jun or Michael know 3 hours before meal time.

BEVERAGES
Breakfast
Cranberry, Apple, Orange Juices
Coffee - Hot Tea
Hot Chocolate
Milk - Water
Lunch & Dinner
Coffee - Hot Tea
Water - Ice Tea

MENU ALTERNATIVES
The following are alternative meals for Lunch or Dinner.

1. Ham or Turkey Sandwich
2. Fruit Salad w/Cottage Cheese
3. Cold Veggie Plate w/Dressing
4. Cheese Omelet w/Toast
5. Grilled Cheese Sandwich
6. Peanut Butter & Jelly Sandwich

1
BREAKFAST
Hot & Cold Cereal
Potato Pancake, Bacon, Sausage Link
Toast, Diced Honeydew Melon
LUNCH
Baked Fish Pollock w/Tartar Sauce
Cole Slaw, Roasted Potato, Ice Cream
DINNER
Beef Picadillo
Rice, Broccoli
Banana Muffin

2
BREAKFAST
Hot & Cold Cereal
Toast, Fried Egg, Hash Browns
Sausage Links, Cantaloupe
LUNCH
Salisbury Steak w/Mushroom Gravy
Mashed Potatoes Broccoli, Jello
DINNER
Egg Salad Sandwich
Cheese, Lettuce
Green Salad, Asian Dressing
Ice Cream

3
BREAKFAST
Hot & Cold Cereal
Bacon, French Toast, Diced Peaches
LUNCH
Chicken Fried Rice
Vegetable Egg w/Sweet & Sour Sauce, Fruit Mix
DINNER
Cheese Enchiladas
Green Salad, Rice, Corn
Yellow Cake

4
BREAKFAST
Hot & Cold Cereal
Corned Beef Hash
Scrambled Egg, Toast
Diced Honeydew Melon
LUNCH
Chicken Tocino, Rice
Cauliflower, Blueberry Tart
DINNER
Cheeseburger w/Lettuce, Tomato
Baked Beans, Jello

5
CINCO DE MAYO
BREAKFAST
Hot & Cold Cereal, Bacon, Waffle w/Blueberries, Diced Peaches
CINCO DE MAYO LUNCH
Beef Tamales w/Green Sauce
Rice, Corn Salad, Beans
Chocolate Cream Pie
DINNER
Chicken Casserole, Garlic Bread
Mixed Vegetables, Muffin

6
BREAKFAST
Hot & Cold Cereal
Banana Pancake
Pork Sausage, Fruit
LUNCH
Chicken Pesto Over Rice
Spinach, Ice Cream
DINNER
Grilled Bologna Sandwich w/Lettuce, Cheese, Tomato
Potato Sald, Chocolate Cookies

7
BREAKFAST
Hot & Cold Cereal
Toast, Scrambled Eggs
Pork Sausage Patty, Diced Pears
LUNCH
Teriyaki Meat Balls, Rice
Broccoli, Fruit Cocktail
DINNER
Beef Ravioli w/Cheese
Mixed Vegetables
Chocolate Cookies

8
BREAKFAST
Hot & Cold Cereal
Potato Pancake w/White Gravy
Toast, Bacon, Sausage Link
Diced Honeydew Melon
LUNCH
Beef Fajitas w/Corn Tortilla
Beans, Spanish Rice
Ice Cream
DINNER
Turkey Casserole, Garlic Bread
Mixed Vegetables, Bread Pudding

9
BREAKFAST
Hot & Cold Cereal
Cheese Omelet, Hash Browns
Toast, Sliced Oranges
LUNCH
Egg Fried Rice
Chicken Egg Roll w/Sweet & Sour Sauce, Chocolate Cake
DINNER
Spaghetti w/Meat Sauce, Garlic Bread, Green Salad, Thousand Island Dressing, Cookies

10
MOTHER'S DAY
BREAKFAST
Hot & Cold Cereal
Pancakes, Bacon, Diced Pears
LUNCH
BBQ Pork Patty, Mashed Potatoes
Mixed Vegetables, Yellow Cake
DINNER
Ham Sandwich, Tomato, Cheese
Tomato, Lettuce, Potato Salad
Green Salad, Asian Dressing
Jello

11
BREAKFAST
Hot & Cold Cereal
Spinach Scrambled Eggs
Toast, Hash Browns, Sausage
Sliced Oranges
LUNCH
Chicken Stir Fry
Rice, Seasoned Zucchini
Orange Cake
DINNER
Cheeseburger w/Lettuce & Tomato
Baked Beans, Tapioca Pudding

12
BREAKFAST
Hot & Cold Cereal,
Bacon, Peaches
Waffle w/Sliced Strawberries
LUNCH
Teriyaki Chicke, Rice, Broccoli
Ice Cream
DINNER
Sloppy Joe on a Bun
Macaroni Salad
Egg Custard

13
BREAKFAST
Hot & Cold Cereal
Potato Pancakes w/White Gravy
Toast, Sausage Link, Banana
LUNCH
Beef Stroganoff w/Rotini Noodles
Spinach, Garlic Bread
White Cake
DINNER
Turkey Sandwich
Potato Salad, Jello

14
BREAKFAST
Hot & Cold Cerea
French Toast, Bacon, Bacon
Diced Honeydew Melon
LUNCH
Chicken Tocino
Rice, Mixed Vegetables
Egg Custard
DINNER
Turkey Tetrazzini, Dinner Roll
Garden Salad w/Caesar Dressing
Muffin

15
BREAKFAST
Hot & Cold Cereal
Biscuit & Gravy
Bacon, Sausage, Sliced Peaches
LUNCH
Fish Tacos w/Corn Tortillas
Spanish Rice, Cole Slaw, Ice Cream
DINNER
Spaghetti w/Meat Balls
Mushroom, Garlic Bread
Vanilla Pudding

16
ARMED FORCES DAY
BREAKFAST
Hot & Cold Cereal
Toast, Fried Egg, Hash Browns
Bacon, Diced Peaches
LUNCH
Salisbury Steak, Mashed Potatoes
Mixed Vegetables, Jello
DINNER
Chicken Enchiladas w/Green Sauce
Lettuce, Rice, Corn
Cookies

17
BREAKFAST
Hot & Cold Cereal
Blueberry Pancake
Pork Sausage Link, Banana
LUNCH
BBQ Chicken, Mashed Potatoes
Mixed Vegetables
Pistachio Pudding
DINNER
Chili Dogs w/Cheese & Onions
Potato Salad, Fruit Mix

18
BREAKFAST
Hot & Cold Cereal
Seasoned Diced Potato, Bacon
Scramble Eggs, Diced Peaches
LUNCH
Meat Lasagna, Dinner Roll
Garden Salad, French Dressing
Orange Cake
DINNER
Beef Enchiladas, Rice, Lettuce, Corn
Bread Pudding

19
BREAKFAST
Hot & Cold Cereal
Pork Sausage Patty, Hash Browns
Scrambled Eggs, Toast, Fruit
LUNCH
Chicken Tocino, Rice, Cauliflower
Chocolate Pudding
Dinner
Beef Enchiladas
Rice, Lettuce, Corn
Cookies

20
BREAKFAST
Hot & Cold Cereal
Potato Pancake w/White Gravy
Bacon, Diced Pears
LUNCH
Pork Stew Over Rice
Broccoli
Ice Cream
DINNER
Ham Sandwich
Potato Salad
Banana Pudding

21
BREAKFAST
Hot & Cold Cereal
Waffles w/Strawberries, Sausage
Diced Peaches
LUNCH
Teriyaki Meat Balls
Rice Mix, Vegetables
Bread Pudding
DINNER
Sloppy Joe on a Bun
Macaroni Salad, Cookies

22
BREAKFAST
Hot & Cold Cereal
Biscuit & Gravy, Bacon
Sausage, Banana
LUNCH
Chicken Tacos w/Corn Tortilla
Spanish Rice, Refried Beans
Ice Cream
DINNER
Italian Sausage Casserole
Garlic Bread, Mixed Vegetables
Pistachio Pudding

23
BREAKFAST
Hot & Cold Cereal
Toast, Cheese Omelet, Hash
Browns
LUNCH
Egg Fried Rice, Vegetable Egg Roll
Sweet & Sour Sauce, Jello
DINNER
Egg Salad Sandwich
Cheese, Lettuce, Macaroni Salad
Blueberry Tart

24
BREAKFAST
Hot & Cold Cereal
Pancakes, Bacon Slice, Peaches
LUNCH
Spaghetti w/Meat Sauce
Garlic Bread, Mixed Vegetables
Egg Custard
DINNER
Cheese Enchiladas w/Green Sauce
Lettuce, Rice, Jello

25
MEMORIAL DAY
BREAKFAST
Hot & Cold Cereal
Vegetable Quiche, Sausage Link
Toast, Hash Browns, Orange Slices
LUNCH
Cheeseburger w/Lettuce & Tomato
Baked Beans, Jello
DINNER
Turkey Tetrazzini
Garlic Bread, Mixed Vegetables
Yellow Cake

26
BREAKFAST
Hot & Cold Cereal
Seasoned Diced Potatoes
Sausage Patty, Scrambled Eggs
Diced Honey Dew
LUNCH
Roast Turkey, Mashed Potato
Cranberry Sauce
Chocolate Pudding
DINNER
Ham Sandwich, Lettuce & Tomato
Macaroni Salad, Peach Cobbler

27
BREAKFAST
Hot & Cold Cereal
Waffles w/Strawberries, Bacon
Peaches
LUNCH
Stir Fry Chicken, Steamed Rice
Seasoned Zucchini
Egg Custard
DINNER
Grilled Bologna Sandwich w/
Cheese, Lettuce, Tomato
Potato Salad, White Cake

28
BREAKFAST
Hot & Cold Cereal
Turkey Sausage, Scrambled Egg
Toast, Hash Browns, Diced Peaches
LUNCH
Beef Tacos w/Cheese
Tomato, Onion, Rice
Banana Pudding
DINNER
Chicken Pesto
Mashed Potatoes, Broccoli
Apple Cobbler

29
BREAKFAST
Hot & Cold Cereal
Potato Pancake, Bacon, Sausage Link
Toast, Diced Honeydew Melon
LUNCH
Baked Fish Pollock w/Tartar Sauce
Cole Slaw, Roasted Potato, Ice Cream
DINNER
Beef Ravioli w/Cheese
Garlic Bread, Mixed Vegetables
Blueberry Muffin

30
BREAKFAST
Hot & Cold Cereal
Toast, Fried Egg, Hash Browns
Sausage Links, Cantaloupe
LUNCH
Grilled Cheese Sandwich
Macaroni Salad, Ice Cream
DINNER
Salisbury Steak, Mushroom Gravy
Rice, Cauliflower
Jello