Carson 2025 December Menu **SUNDAY** BEVERAGES Residents, if you are requesting **Breakfast** something Cranberry, Apple, different than Orange Juices Coffee - Hot Tea what is on the Hot Chocolate menu, we ask Milk - Water that you PLEASE Lunch & Dinner let Michael and Coffee - Hot Tea Jun know 3 hours Water - Ice Tea before meal time. **BREAKFAST** Orange Juice Pancakes, Bacon Slice, Peaches

LUNCH

Egg Custard

DINNER

Chicken Sandwich

Potato Salad, Jello

MONDAY

BREAKFAST

Orange Juice, Oatmeal

Corned Beef Hash, Scrambled Egg

Diced Pears

LUNCH

Cheese Burger w/Lettuce and

Tomatoes, Baked Beans, Jello

DINNER

BBQ Pork Patty

Mashed Potatoes, Vegetables

Menu subject to change

Lic#: 198204950

TUESDAY

BREAKFAST

Orange Juice, Oatmeal

Turkey Sausage Patty

Hash Browns, Toast, Fruits

LUNCH

Beef Casserole, Garlic Bread

Mixed Vegetables, Jello

<u>Dinner</u>

Grilled Chicken

Mashed Potatoes, Green Peas

Chocolate Puddina

WEDNESDAY

BREAKFAST

Apple Juice

Potato Pancake w/White Gravy

Bacon, Diced Pears

LUNCH

Beef Stew

Rice. Broccoli

Ice Cream

DINNER

Ham Sandwich

Potato Salad

Banana Pudding

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THURSDAY

BREAKFAST

Orange Juice

Waffles w/Strawberries, Sausage

Diced Peaches

LUNCH

Terivaki Meat Balls

Rice Mix, Vegetables

Bread Pudding

DINNER

Sloppy Joe on a Bun

Macaroni Salad, Cookies

FR IDAY **BREAKFAST**

Apple Juice

Biscuit & Gravy, Bacon

Sausage, Banana

LŬNCH

Baked Fish Polloc w/Tartar Sauce

Roasted Potatoes

Ice Cream

DINNER

Italian Sausage Casserole

Garlic Bread

Pistachio Pudding

BREAKFAST

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BREAKFAST Orange Juice, Toast Cheese Omelet, Hash Browns LUNCH Salisbury Steak, Mashed Potatoes Mixed Vegetables DINNER

SATUR DAY

Egg Salad Sandwich Lettuce & Tomato Blueberry Tart **BREAKFAST**

Tapioca Pudding Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables

BREAKFAST Apple Juice, Toast Vegetable Quiche, Sausage Link Hans Browns, Orange Slices LUNCH Cheeseburger w/Lettuce & Tomato Baked Beans, Jello DINNER Turkev Tetrazzini Garlic Bread, Mixed Vegetables Yellow Cake **BREAKFAST 15**

BREAKFAST 9 Orange Juice Blueberry Pancakes, Syrup Sausage Link, Diced Peaches **LUNCH** Teriyaki Meat Balls, Rice Mixed Vegetables, Pudding DINNER Ham Sandwich Lettuce & Tomato, Macaroni Salad Peach Cobbler

10 **BREAKFAST** Apple Juice French Toast, Bacon, Banana **LUNCH** Chicken Stew, Rice Japanese Vegetables Pistachio Puddina DINNER Baked Fish Pollock, Tartar Sauce **Roasted Potatoes** Ice Cream

BREAKFAST Orange Juice, Toast Turkey Sausage, Scrambled Egg Hash Browns, Diced Peaches **LUNCH** Beef Stroganoff w/Bow Tie Noodles Mixed Vegetables, Muffin DINNER Chicken Pesto Mashed Potatoes, Broccoli Apple Cobbler

12 Orange Juice, Toast Potato Pancake, Bacon, Sausage Link Diced Honeydew Melon LUNCH Fish Tacos w/Corn Tortilla Green Salad, Spanish Rice Apple Crisp **DINNER** Beef Ravioli w/Cheese Garlic Bread, Mixed Vegetables Blueberry Muffin **BREAKFAST 19**

13 Apple Juice, Toast Fried Egg, Hash Browns Sausage Links, Cantaloupe **LUNCH** Salisbury Steak, Mashed Potatoes Spinach, Jello DINNER Egg Salad Sandwich Cheese, Lettuce, Potato Chips Ice Cream

HANUKKAH (BEGINS AT SUNDOWN) **14 BREAKFAST** Orange Juice, Bacon French Toast, Diced Peaches LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix **DINNER** Cheese Enchiladas Green Salad, Rice, Corn Yellow Cake

Apple Juice, Toast Corned Beef Hash, Scrambled Ega Diced Honeydew Melon **LUNCH** Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER Beef Pepper Steak Stir Fry Vegetables, Yellow Rice White Cake 22 **BREAKFAST**

Orange Juice, Toast

Spinach Scrambled Eggs

Hash Browns, Sausage

BREAKFAST 16 Orange Juice Waffle w/Blueberries, Bacon Diced Peaches LUNCH **Beef Tacos** w/Cheese, Tomato, Onions, Rice Banana Pudding DINNER Chicken Casserole Garlic Bread, Mixed Vegetables Muffin

BREAKFAST

Apple Juice, Bacon

Waffle w/Sliced Strawberries

Peaches

LUNCH

Teriyaki Chicke, Rice, Broccoli

Ice Cream

DINNER

Sloppy Joe on a Bun

BREAKFAST 17 Apple Juice, Banana Pancake Pork Sausage, Fruit LUNCH Chicken Pesto Over Rice Spinach, Ice Cream DINNER Roast Beef Sandwich Potato Salad, Cheese Cake Tart

BREAKFAST 18 Orange Juice, Toast Scrambled Eggs, Pork Sausage Patty Diced Pears LUNCH Teriyaki Meat Balls, Rice Broccoli, Fruit Cocktail DINNER Picadillo Over Rice Mixed Veaetables Pistachio Puddina

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Apple Juice, Toast Potato Pancake w/White Gravy Bacon, Sausage Link Diced Honeydew Melon <u>LUNCH</u> Chicken Faiitas w/Corn Tortilla Spanish Rice, Baked Beans Ice Cream DINNER Italian Sausage Casserole Garlic Bread, Cali Blend Vegetables Pudding

BREAKFAST 20 Orange Juice, Toast Cheese Omelet, Hash Browns Sliced Oranges LUNCH Salisbury Steak, Rice Mixed Vegetables, Jello DINNER Tuna Salad Sandwich Chese, Tomato, Lettuce Macaroni Salad, Ice Cream

21 **BREAKFAST** Apple Juice Pancakes, Bacon, Diced Pears LUNCH **BBQ** Pork Patty Mashed Potatoes, Mixed Vegetables, Yellow Cake DINNER Ham Sandwich, Potato Chips Cheese, Tomato, Lettuce

LUNCH Chicken Stew Over Rice Cauliflower, Orange Cake DINNER Cheeseburger w/Lettuce & Tomato Jello Baked Beans, Tapioca Pudding

Sliced Oranges **BREAKFAST** Orange Juice

Macaroni Salad Egg Custard **BREAKFAST** Orange Juice, Oatmeal Turkey Sausage Patty Hash Browns, Toast, Fruits LUNCH Beef Casserole, Garlic Bread Mixed Vegetables, Jello **Dinner** Grilled Chicken Mashed Potatoes, Green Peas Chocolate Pudding

23 CHRIJTMAJ EVE 24 **BREAKFAST** Orange Juice, Toast Potato Pancakes w/White Gravv Sausage Link, Banana **LUNCH** Beef Stroganoff w/Rotini Noodles Spinach, Garlic Bread White Cake DINNER Turkey Sandwich Potato Salad, Jello

Apple Juice French Toast, Bacon, Sausage Diced Honeydew Melon **CHRISTMAS LUNCH CELEBRATION** Roast Pork, Roasted Red Potatoes Roll, Green Beans Banana Cream Pie DINNER Turkey Tetrazzini, Garlic Bread Mixed Vegetables, Egg Custard

CHRISTMAS DAY

KWANZA **BREAKFAST** 26 Orange Juice Biscuit & Gravy, Bacon, Sausage Sliced Peaches LUNCH Fish Tacos w/Corn Tortillas Spanish Rice, Cole Slaw, Ice Cream DINNER Spaghetti w/Meat Balls Mushroom, Garlic Bread Vanilla Pudding

27 **BREAKFAST** Orange Juice, Toast Fried Egg, Hash Browns, Bacon Diced Peaches LUNCH Salisbury Steak Mashed Potatoes Mixed Vegetables, Jello DĬNNER Turkey Sandwich Potato Salad Cookies

BREAKFAST 28 Apple Juice Scrambled Egg, Pork Sausage Patty Hash Browns, Banana LUNCH Baked Fish (Pollock) w/Tartar Sauce Rice, Cole Slaw, Pistachio Pudding DINNER **BBQ** Pork Patty Mashed Potatoes, Corn

Egg Custard

Blueberry Pancakes, Pork Sausage Diced Peaches **LUNCH** Chicken Stew Over Rice Broccoli, Banana Puddina DINNER Beef Enchiladas Rice, Lettuce, Corn Bread Pudding

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NEW YEAR'S EVE **BREAKFAST** Apple Juice Potato Pancake w/White Gravy Bacon, Diced Pears LUNCH Beef Stew Rice, Broccoli Ice Cream DINNER Ham Sandwich Potato Salad, Banana Puddina

THE MONTH OF DECEMBER IS... Art and Architecture Month Bingo's Birthday Month

Hand Washing Awareness Month Learn a Foreign Language Month Love Your Neighbor Month Made in America Month National Car Donation Month National Egg Nog Month National Fruit Cake Month National Human Rights Month

National Pear Month National Tie Month Operation Santa Paws Procrastination Awareness Month Read a New Book Month Spiritual Literacy Month Tomato & Winter Sauash Month Tropical Fruits Month Universal Human Rights Month Write to a Friend Month

MENU ALTERNATIVES

The following are alternative meals for Lunch or Dinner.

- 1. Ham or Turkey Sandwich
- Fruit Salad w/Cottage Cheese
- Cold Veggie Plate w/Dressing
- 4. Cheese Omelet w/Toast Grilled Cheese Sandwich
- 6. Peanut Butter & Jelly Sandwich