



August 2019 Newsletter

Senior Assisted Living Community



Lisa Nelson

is our Assisted Living Resident of the Month

Lisa Nelson born on January 10, 1961 in Los Angeles. She was raised by both parents, Roy and Augusta Nelson, along with her four siblings. Some of Lisa's hobbies were skating, crocheting, paying dominos, and cleaning. Lisa also loves to help around our community.

She graduated from Garden Gate High School in 1975. Five years later, on Thanksgiving Day, 1980, Lisa gave birth to her Turkey Man Roy. Three years later, she gave birth to her lovely daughter Beverly. In 1990, Lisa graduated from South West College, she had a short career involving computers. One of Lisa's favorite holidays is Christmas. Her favorite colors are burgundy and gold. These days, Lisa enjoys and loves playing our bingo games at Carson, she even has her own nickname... she's known "Money Momma"! One of her favorite things to do here at Carson AL is to play Bingo. Congratulations Lisa, on being our August Resident of the month!

Fidelia Yokoyama

is our Arbor Hall Resident of the Month

Fidelia Yokoyama was born March 24, 1936, in Los Mochis Sinaloa, Mexico City. Her parents are Francisco Valdez who is a farmer, and Rafaela Burgos who stayed home for Fidelia and her four other siblings. She worked as a bus ticket dispatcher, and she enjoyed that job for several years until she met her husband, Tom Yorkoyama. He was born and raised in the U.S., and had a gardening business because he loves plants and to plant things. Tom travelled all the way from the U.S. to Mexico to marry Fidelia, and finally was able to bring her with him to the U.S. Fidelia studied and worked as a Dental X-Ray Technician. They had their second wedding in the United States, and lived together until Tom passed away. Fidelia is a very jolly and cheerful person. She loves to socialize and dance. Congratulations Fidelia, on being our August Resident of the month!





Birthday Party Social

Friday, August 30 at 1:00 p.m.

All residents whose birthday is in August are invited to join us in the Hobby Room to celebrate their natal day. We have cake and ice cream for you to enjoy.

Resident Birthdays

Ted Sweet	8/03
David Weinstein	8/17
Cerie DeGalia	8/21
Deborah Popovich	8/29

Employee Birthdays

Esperanza Dumlaio	8/01
Maria C. Pascual	8/03
David Weinstein	8/17
Jennifer Avila	8/26

Main Events for August 2019

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, August 8 - 11:00 a.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

The Living Bread Ministry will conduct their prayer meeting every first Thursday of the month. Everybody is welcome to join the group every Thursday at 6:30 p.m. in the front T.V. Room.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They are inviting you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday of the month at 2:00 p.m.

Bingo

Every Monday to Friday

Medical Runs

Every Monday to Friday of the month.



New Residents

Mary Shook

Quote of the Month

"Summertime is always the best of what might be."

~ Charles Bowden



Annual Hawaiian Luau

Tuesday, August 20th,
beginning at
12:30 p.m.

Please join us for a tropical lunch with
Polynesian entertainment and dancers



August 2019 Arbor Hall Activities Calendar

This calendar is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST DAYS TO NOTE... 01 National Girlfriends Day 01 Respect for Parents Day 01 Earth Overshoot Day 03 National Watermelon Day 04 American Family Day 05 Work Like A Dog Day 06 Root Beer Float Day 08 Happiness Happens Day 09 Book Lovers Day 10 National Girlfriends Day 11 Son's and Daughter's Day 13 Left-Handers Day 15 National Relaxation Day 16 Tell a Joke Day 17 National Thrift Shop Day 21 National Senior Citizens Day 25 Banana Split Day 27 National Just Because Day						
Month of August Birthstone: Peridot (Strength) and Sardonyx Flowers: Gladiolus and Poppy (Love, Character, Family) Colors: Orange and Red			Snacks are served every day at 10:00 a.m. 2:00 p.m. 7:30 p.m.			
4 9:00 Daily News 10:00 Morning Snacks 10:30 Bible Reading/Mass 11:30 Lunch 12:30 TV Shows Marathon 2:00 Snacks & a Movie 4:00 Dinner 5:00 Socialization	5 9:30 Exercise Workout 10:00 "The Price is Right" 10:30 Morning Snacks 11:30 Lunch 12:30 Relaxation/TV Time 2:00 Snacks & a Movie 3:00 Bingo 4:00 Dinner 5:00 Socialization/TV	6 9:30 Exercise Workout 10:00 Colorful Nails 10:30 Morning Snacks 11:30 Lunch 12:30 Socialization/TV Time 2:00 Snacks & Magazine 3:00 Quest 3:00 Bingo 4:00 Dinner	7 9:30 Exercise Workout 10:00 Arts & Crafts 10:30 Morning Snacks 11:30 Lunch 12:30 Relaxation/TV Time 2:00 Snacks & Brain Teasers 3:00 Bingo 4:00 Dinner	8 9:30 Exercise Workout 10:00 Home Gardening 10:30 Morning Snacks 11:30 Lunch 12:30 Socialization/TV Time 2:00 Snacks & Playing Cards 3:00 Bingo 4:00 Dinner	9 9:30 Exercise Workout 10:00 Remembering History 10:30 Morning Snacks 11:30 Lunch 12:30 Relaxation/TV Time 2:00 Snacks & a Movie 3:00 Bingo 4:00 Dinner	10 9:00 Daily News 10:00 Morning Snacks 11:00 Lunch 1:00 Movie Showing 2:00 Snacks 4:00 Dinner 5:00 Socialization/TV
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HAWAIIAN WORD SEARCH

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MACADAMIA
NUT
MAHI MAHI
NENE
PALM TREE

PINEAPPLE
SHARK
SUN SURFING
VOLCANO
WAVES

Enjoy Assisted Living at Its Finest.



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