

CARSON 2024

April Menu

Menu
subject to
change



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MENU ALTERNATIVES

The following are alternative meals for Lunch or Dinner.

1. Ham or Turkey Sandwich
2. Fruit Salad w/Cottage Cheese
3. Cold Veggie Plate w/Dressing
4. Cheese Omelet w/Toast
5. Grilled Cheese Sandwich
6. Peanut Butter & Jelly Sandwich

April Fool's Day

BREAKFAST

Pineapple Juice
Oatmeal, Maple Bacon
Oven Pancake Sausage Links
LUNCH
Chicken Sandwich, Lettuce & Tomatoes, Cut Corn, Cookies
DINNER
Tomato Rice Soup
Egg Salad Sandwich, Green Salad
Sliced Peaches

BREAKFAST

Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal
LUNCH
Mostaccioli Pasta, Garlic Bread
Vegetables, Dessert Cookies
DINNER
White Bean Soup
Egg Salad Sandwich
Green Salad
Yellow Cake

BREAKFAST

Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal
LUNCH
Chili Dogs w/Cheese & Onions
Potato Chips, Fruit Mix
DINNER
White Bean Soup, Green Salad
Egg Salad Sandwich
Yellow Cake

BREAKFAST

Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal
LUNCH
Chili Dogs w/Cheese & Onions
Potato Chips, Fruit Mix
DINNER
White Bean Soup, Green Salad
Egg Salad Sandwich
Yellow Cake

BREAKFAST

Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes
LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello
DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST

Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes
LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello
DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST

Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes
LUNCH
Hot Dog, Potato Chips, Fruit Mix
DINNER
Beef Macaroni
Green Beans, Garlic Bread
Peach Cobbler

BREAKFAST

Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes
LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello
DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST

Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes
LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello
DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream
DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST

Cranberry Juice,
Bacon, Malt-O-Meal
Pancakes, Syrup
LUNCH
Meat Lasagna, Green Beans
Garlic Bread, Fruit Mix
DINNER
Cheese Enchilada, Steamed Rice
Cut Corn, Cherry Tart

BREAKFAST

Blended Juice, Toast
Malt-O-Meal Fried Egg
Hash Browned Potatoes
LUNCH
Grilled Cheese Sandwich
Macaroni Salad, Jello
Dinner
Grilled Chicken
Mashed Potatoes, Green Peas
Chocolate Pudding

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream
DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream
DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST

Pineapple Juice, Farina
Country Scramble, English Muffin
LUNCH
Roast Beef Sandwich
Three Bean Salad, Jello
DINNER
Sloppy Joe on a Bun
Potatoes, Vegetables
Peach Cobbler

BREAKFAST

Grape Juice, Farina
Breakfast Frittata, Toast, Orange Slice
LUNCH
Tuna Sandwich, Green Salad
Ranch Dressing, Pudding
DINNER
Sloppy Joe
on a Hamburger Bun
Macaroni Salad
Chocolate Chip Cookies

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll, Pudding
DINNER
Sloppy Joe on a Bun
Macaroni Salad
Chocolate Chip Cookies

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll, Pudding
DINNER
Salisbury Steak
Mashed Potatoes, Vegetables
Cherry Tart

BREAKFAST

Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup
LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream
DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST

Apple Juice, French Toast
Syrup, Cream of Rice
LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll
Chocolate Chip Cookies
DINNER
Turkey Tetrizzini
Mixed Vegetables, Corn Bread
Pudding

BREAKFAST

Apple Juice, Syrup
French Toast, Cream of Rice
LUNCH
Grilled Cheese Sandwich
Potato Chips, Dessert Fruit Mix
DINNER
BBQ Chicken
Mashed Potatoes, Vegetables
Ice Cream

BREAKFAST

Pineapple Juice, Farina
Country Scramble, English Muffin
LUNCH
Cheese Quesadilla
Refried Beans, Cut Corn, Fresh Fruit
DINNER
BBQ Chicken
Vegetables, Mashed Potatoes
Ice Cream

BREAKFAST

Pineapple Juice, Farina
Country Scramble, English Muffin
LUNCH
Cheese Quesadilla
Refried Beans, Cut Corn, Fresh Fruit
DINNER
BBQ Chicken
Vegetables, Mashed Potatoes
Chocolate Cake

BREAKFAST

Pineapple Juice, Farina
Country Scramble, English Muffin
LUNCH
Cheese Quesadilla
Refried Beans, Cut Corn, Fresh Fruit
DINNER
BBQ Chicken
Vegetables, Mashed Potatoes
Chocolate Cake

BREAKFAST

Apple Juice, French Toast
Syrup, Cream of Rice
LUNCH
Chicken Fajitas, Steamed Rice
Cut Corn, Red Salsa, Fruit Mix
DINNER
Cheese Manicotti
Garlic Bread, Vegetables
Jello

BREAKFAST

Apple Juice, Cream of
Rice, French Toast, Syrup
LUNCH
Beef Tamales, Steamed Rice
Red Salsa, Cut Corn, Apple Crisp
DINNER
Baked Fish, Steamed Rice
Green Peas
Chocolate Cake

BREAKFAST

Orange Juice, Pancakes
Malt-O-Meal, Pancakes, Syrup
FISH
Fish Tacos, Steamed Rice
Coleslaw Salad, Apple Crisp
DINNER
Spaghetti w/Meat Sauce
Garlic Bread, Mixed Vegetables
Pudding

BREAKFAST

Orange Juice, Pancakes
Malt-O-Meal, Pancakes, Syrup
LUNCH
Ground Beef & Rice, Tacos, Lettuce
Tomatoes, Red Salsa
Egg Custard
DINNER
Fish, Red Potatoes
Green Beans
Pudding

BREAKFAST

Orange Juice, Pancakes
Malt-O-Meal, Pancakes, Syrup
LUNCH
Ground Beef & Rice, Tacos, Lettuce
Tomatoes, Red Salsa
Egg Custard
DINNER
Fish, Red Potatoes
Green Beans
Pudding

BREAKFAST

Apple Juice
Cream of Rice
French Toast, Syrup
LUNCH
Turkey Salad Cold Plate
Dinner Roll, Peach Cobbler
DINNER
Grilled Chicken
Mashed Potatoes, Green Peas
Orange Cake

BREAKFAST

Apple Juice, Oatmeal
Scrambled Eggs, Toast
LUNCH
Grilled Ham & Cheese Sandwich
Coleslaw Salad, Jello
DINNER
Sweet Sour Chicken
Steamed Rice, Cut Corn
Ice Cream

BREAKFAST

Apple Juice, Toast
Cheese Omelet, Hash Browns
LUNCH
Grilled Cheese Sandwich
Potato Chips, Ice Cream
DINNER
Crab Salad
Mashed Potatoes
Mixed Vegetables
Jello

BREAKFAST

Apple Juice, Toast
Cheese Omelet, Hash Browns
LUNCH
Grilled Cheese Sandwich
Potato Chips, Ice Cream
DINNER
Crab Salad
Mashed Potatoes, Mixed
Vegetables, Jello

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time.

BEVERAGES

Breakfast
Cranberry, Apple,
Orange Juices
Coffee - Hot Tea
Hot Chocolate
Milk - Water
Lunch & Dinner
Coffee - Hot Tea
Water - Ice Tea

THE MONTH OF APRIL IS...

Financial Literacy Month
Jazz Appreciation Month
Keep American Beautiful Month
Lawn and Garden Month
Mathematics Awareness Month
Nat'l Afternoon Tea Month
Nat'l Decorating Month
Nat'l Food Month
Nat'l Garlic Month
Nat'l Garden Month

Nat'l Humor Month
Nat'l Kite Month
Nat'l Licorice Month
Nat'l Military Appreciation Month
Nat'l Month of Hope
Nat'l Month of Hope
Nat'l Pecan Month
Nat'l Poetry Month
Nat'l Volunteer Month
Second Chance Month

